



# Māori & Psychology Research Unit: Annual Report

## MPRU

University of Waikato  
School of Psychology

## 2013



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# MĀORI & PSYCHOLOGY RESEARCH UNIT

## ANNUAL REPORT 2013

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Dr Waikaremoana Waitoki & Associate Professor Linda Waimarie  
Nikora



THE UNIVERSITY OF  
**WAIKATO**  
*Te Whare Wānanga o Waikato*

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## BACKGROUND

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The Māori and Psychology Research Unit (MPRU) was established in August of 1997. The Unit acts as a catalyst and support network for enhancing research concerning the psychological needs, aspirations, and priorities of Māori people. The MPRU is well situated to draw together skilled and experienced interdisciplinary research groups by networking and establishing working relationships with staff and students within the School of Psychology, the Faculty of Arts and Social Sciences, the wider University and general community.

An important role played by the MPRU is the provision of invaluable practical experience to both Māori and non-Māori students through involvement in Māori focused research, planning and management, and professional development activities. The Unit is a vehicle for responding to Māori issues at local and national levels and international spaces.

The MPRU graduates the largest cohort of Māori PhD and Masters students in Aotearoa. These students benefit from our ongoing contact with the University of Faculty of Arts and Social Sciences, the School of Māori & Pacific Development, Te Whakaruruhau Māori Women's Refuge (Hamilton), Waikato Institute of Technology (Wintec); Te Runanga o Kirikiriroa, iwi groups, the Auckland City Mission, Victoria University of Melbourne, Curtin University; University of South Australia (Adelaide), and the University of Notre Dame (Perth).

The MPRU is a leading international indigenous research and teaching entity that reflects the University of Waikato's distinctiveness strategy and enacts the core goal of promoting excellence in research and teaching. In the last eight years the MPRU has generated over 6 million dollars in external research income, and over \$650,000 in external scholarships. Several senior academics within the Unit are recognized international leaders in their respective fields.

The MPRU also runs an advisory service to assist researchers in writing research proposals that will result in research products useful to Māori development. A particular focus is on constructing procedures that are culturally appropriate and practical for use with Māori.

### RESEARCH LEADERSHIP

In the 2013 year, the MPRU produced 80 peer-reviewed articles, delivered conference papers, keynote addresses, invited papers to symposia/conferences, student theses and commissioned reports. Through winning grants and awards, the Unit presents itself as an avenue for students to further their academic development and scholarly pursuits, enhance their professional connections and to receive financial assistance.

## GOALS

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- ❖ **To provide a support structure** which encourages Māori focused research in psychology.
- ❖ **To serve as a scholarly resource** to support Māori focused research projects and to promote new research initiatives among staff, undergraduate and graduate psychology students.
- ❖ **To seek out new sources of research funding**, respond to requests for proposals and tenders relevant to Māori issues, and to obtain continued external funding for Māori focused psychological research.
- ❖ **To facilitate the professional development of Māori researchers** and to continue to develop future leaders in Māori focused research and psychology.
- ❖ **To provide a foundation for the teaching of psychology** by enhancing availability and access to Māori focussed research experience and products.
- ❖ **To promote the use of Māori focussed research** products into the School of Psychology's curriculum
- ❖ **To facilitate internal and external lectures** and research seminars to support the development of new projects and disseminate the work of scholars in the Unit.
- ❖ **To host** visiting researchers and scholars
- ❖ **To encourage collaborative research** in Māori focussed projects across disciplines.

## HE TIRO WHAKAMURI: LOOKING BACK TO LOOK FORWARD

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This year has been very busy with our researchers engaged in many exciting community partnerships. Prof Ngahuia Te Awekotuku continued to explore with community members from Ngāti Pukeko, Ngāti Whakaue and Te Aitanga-a-Hauti, end of life experiences and rituals in the Māori world. Working with Dr Tess Moeke-Maxwell, who lead our investigation into end of life experiences of Māori and their whanau, presented deeply moving experiences and opportunities to engage people during this intimately private time in their lives. Dr Moeke-Maxwell has relocated to pursue her research passions with a palliative care team at Auckland University but retains a strong writing and publication relationship with members of the MPRU.

Mr Mohi Rua continued to successfully lead the Aue Ha! project and our partnerships with Te Hono a Te Kioire/Tuhoe, Ngāti Maniapoto, the Auckland City Mission, and Ngāti Whatua. The gardening project established with homeless men meant that this team of researchers had to slow down, trade their computers for spades, and spend time in relationship, doing trust, reciprocity, conversation and compassion.

Dr Waikaremoana Waitoki remained engaged with Māori living with Bipolar disorder learning of their challenges, successes and strategies, and at the same time, won a further grant to advance indigenous psychologies. Our graduate students remain at the top of their game. Ms Parewahaika Harris won the award for people's choice and Mr Pita King the best paper award at the Toi o Matariki Graduate Conference this year. Parewahaika also won the Best Student Paper at the New Zealand Psychological Society Conference.

This year, the MPRU was joined by two new colleagues. Dr Armon Tamatea is a clinical psychologist and previously worked for the Department of Corrections. He brings expertise in clinical psychology; psychotherapy and behaviour change; criminal justice and forensic psychology; and personality disorders. Dr Maree Roche also joined from the Waikato Institute of Technology and brings a passion for all aspects of leadership especially leadership development; positive psychology and positive leadership; Māori leadership; business and corporate leadership.

As part of our ongoing processes of improvement, an external review of our Kaupapa Māori Academic Support Programme for Māori students of psychology was completed. The review involved staff and students from across our various programmes, and also involved recent graduates. Highlights from the review showed a number of key focus areas for attention and improvement to enable the School to provide support for Māori students. We look forward to progressing these.

Na,

Linda Waimarie Nikora (PhD)  
Director

## MPRU STAFF & COLLEAGUES

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- ❖ **Director:** Associate Prof Linda Waimarie Nikora (Tuhoe/Te Aitanga-a-Hauiti)
- ❖ **Research Officer/Post-Doctoral Fellow:** Dr Waikaremoana Waitoki (Ngāti Mahanga/Ngāti Hako).

### PRINCIPAL INVESTIGATORS

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- |  |  |
|--|--|
| ❖ Assoc Prof Linda Waimarie Nikora   | ❖ Assoc Prof Darrin Hodgetts (Waikato University) Kai Tahu, Kati Mamoe |
| ❖ Prof Ngahuia Te Awakotuku (Centre for Māori & Pacific Development Research) Te Arawa, Waikato, Tuhoe | ❖ Mohi Rua (Waikato University) Tuhoe, Ngāti Whakauae                  |
| ❖ Dr Tess Moeke-Maxwell (Waikato University) Ngai Tai Umupuia, Ngāti Pukeko                            | ❖ Dr Waikaremoana Waitoki  |
| ❖ Bridgette Masters-Awatere (Waikato University) Te Rarawa, Ngai te Rangi                              | ❖ Prof Kerry Chamberlain (Massey University, Albany)                   |
| ❖ Dr Ottilie Stolte (Waikato University)   | ❖ Dr Neville Robertson (Waikato University)                            |
| ❖ Prof Alan Radley (Loughborough University, England)  | ❖ Assoc Prof Kevin Dew (University of Otago)                           |
| ❖ Dr Pauline Norris (University of Otago)  | ❖ Te Kahautu Maxwell (Waikato University) Te Whakatohea                |
| ❖ Prof Pou Temara (Waikato University) Tuhoe.  | ❖ Enoka Murphy (Waikato University) Ngāti Manawa.                      |

### RESEARCH ASSOCIATES

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- |  |   |
|--|---|
| ❖ Saburo Omura (Waikato University)                          | ❖ Dr Virginia Tamanui, (Auckland)   |
| ❖ Dr Shaun Awatere (Landcare Research, Hamilton) Ngāti Porou | ❖ Dr Michelle Levy, Tainui  |
| ❖ Helen Madden (Massey University, Albany)                   | ❖ Prof Jonathan Gabe (Royal Holloway, University of London)   |
| ❖ Karyn McRae (Tainui Endowment College) Tainui              | ❖ Dr Wen Li (James Cook University, Townsville, Australia)  |
| ❖ Professor Pat Dudgeon (Perth)                              | ❖ Prof Bernard Guerin and Dr Pauline Guerin (University of South Australia, Adelaide)   |
| ❖ Dr Eci Nabalarua (University of South Pacific, Fiji)       | ❖ Prof Neil Drew (The University of Notre Dame, Perth and the Nulungu Centre for Indigenous Studies, Broome, Western Australia) |
| ❖ Prof Dan McNeil (University of West Virginia, USA)         | ❖ AProf Dawn Darlaston-Jones (Aus)  |
| ❖ Prof Rogelia Pe-Pua (Aus)                                  | ❖ Dr Karlo Mila-Schaff (Otago Wgtn).  |
| ❖ Prof Giselle Burns (Darwin)                                |   |
| ❖ Prof Johana Prawitsari (Indonesia).                        |   |



## ASSOCIATE PROFILE

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### DR MAREE ROCHE

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Ngāti Raukawa (Tainui), Ngāti Huri. My marae is Pikitū in South Waikato which is a beautiful place. Watching marae leadership really sparked my interest in the role and challenges Māori leaders, particularly face in terms of managing the complex cultural, economic and social environments they encounter.

I was brought up in Waikato & while I have studied and travelled love living in Hamilton close to whanau. I have two lovely children, Emily 14 and Thomas, 11, that other than work fill up my time and are my idea of a 'good time'!

I have been in the academic world for a while, having worked as business lecturer and researcher for WINTEC.

I started at the University of Waikato as a student in the 1990s with a BSocSc (actually I remember Linda Nikora's first class – she was a new recruit!!) and I basically never left study or the UoW, that is, I have studied from that time on. Going on to do a Graduate Diploma, a Masters in Management and then a PhD and just as I finished my PhD I got my role here – so now work here... thus have a long term connect to Waikato.



My PhD was focused around the positive psychological resources leaders need to continue to face the challenges they encounter on a daily basis.

We know a lot about bad leaders, their traits, but we know less about *how* to resource leaders with positive psychological capacities that aided their own well-being, and act as a resource for them to call on in times of challenge.

I did not focus on leadership styles; rather I focussed on well-being as a resource for leaders. I am following this up in postdoctoral research with Māori leaders.

My message to students is find the topic you love and inspires you...!

## SUCCESS STORIES

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### FELLOW OF THE NEW ZEALAND PSYCHOLOGICAL SOCIETY

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Associate Professor Nikora was made a Fellow of the New Zealand Psychological Society in 2013 following nomination by the members of the National Standing Committee on Bicultural Issues (NSCBI). The NSCBI was established by the Society AGM in 1991, at a time when bicultural issues in psychology were barely recognised. Linda was the convenor from 1991 to 1995 and resumed those responsibilities for a further three years from 1997-2000.

Over that time Linda, with the support of other committee members, was instrumental in establishing the place and tikanga of the committee to ensure it was able to provide guidance on the *Te Tiriti o Waitangi* (Treaty of Waitangi) and bicultural issues to the Executive Committee and the wider Society. Central to those efforts was her commitment to ensuring there was appropriate recognition of culture - Māori and non-Māori. *"We are simply duplicating and cloning first world psychologies. We are still importing their textbooks, their tests, teaching their psychology. We are creating spaces for them as experts...we are missing a very special opportunity to define ourselves, our psychologies and our interests"* Linda Nikora, 2013.

The nomination recognised that Associate Professor Nikora has not only made "an original and significant contribution to psychological knowledge" but has also "rendered outstanding services to New Zealand Psychology".



As the inaugural convenor of the *National Standing Committee* (NSCBI) of the *New Zealand Psychological Society* she made a unique contribution to psychology. Linda is pictured with NSCBI member and Treasurer, Bridgette Masters-Awatere.

## PROJECT REVIEW

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### MĀORI EXPERIENCES OF BIPOLAR DISORDER: PATHWAYS TO RECOVERY

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**Principal Investigators:** Associate Professor Linda Waimarie Nikora & Dr Waikaremoana Waitoki.

**Grant agency:** Te Pou (100,000).

### OBJECTIVES

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The aim of this research was to gather information about the health service experiences of Māori who were diagnosed with bipolar affective disorder. In particular, this research aimed to contribute to the realisation of Māori potential by explicitly shifting from deficit-focussed frameworks to a focus on systemic factors that influenced Māori wellbeing. An exploration of the everyday life experiences of Māori with bipolar disorder highlighted that recovery requires a focus on the landscape on which Māori and their families travel.



1. To explore trends in the rates of Māori with bipolar affective disorder accessing primary and secondary mental health services
2. To explore and gain a better understanding of the experiences of Māori living with bipolar affective disorder
3. To identify the priorities, issues and information gaps in Māori experiences
4. To make recommendations to improve support and service delivery for Māori with bipolar disorder.

The research examined the unique, lived experiences of Māori who were diagnosed with bipolar affective disorder and who are currently living 'well'. Recent literature indicates that Māori present at higher rates than non-Māori with bipolar disorder. However, there is little qualitative information about the nature of their experiences, as well as sparse detail of the impacts that bipolar has on the everyday lives of Māori.

### FINDINGS

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Understanding Māori experiences of bipolar disorder requires knowledge and awareness of unmet need across generations. That Māori are diagnosed with bipolar disorder rather than depression, unresolved trauma, anxiety or substance abuse disorder obscures the responsibility of wider social, education and health sectors to address that need.

A broad systems approach that recognises and supports the role of children, parents, grandparents and extended family is pivotal to recovery for whānau. However, the strong link

between recovery and culture and the wellness of whānau and tangata whaiora depends on, and is affected by, the wellness of family. The circular nature of that relationship is often overlooked by health providers in favour of a linear, individual approach. By strengthening family and community connections in recovery strategies, whānau and their children will have a greater chance of living well.

## PROJECT MEMBERS

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Linda Nikora provided advice, guidance and technical expertise to the project while Dr Michelle Levy contributed to the final write-up. Master's student Parewahaika Harris, conducted her research on Māori women's experiences of bipolar disorder with a particular focus on the impact bipolar disorder has on women's relationships with their tamariki, whānau, and partners. Pare's research seeks to highlight Māori women's experiences of bipolar disorder from initial presentation and assessment through to diagnosis, treatment and recovery. The research also explores social and personal impacts, help-seeking patterns, and stories of recovery.

Interviews will be conducted with wāhine Māori using a narrative-storying technique to allow wāhine to share their unique experiences as they recall them. A thematic analysis will be used to identify key themes that depict participants' journeys of:

- Illness and symptom presentation;
- Consequences and impacts of bipolar disorder;
- Support and help-seeking; and
- Wellness and recovery.

The intent of this research is to create an awareness of the nature of bipolar disorder as it affects wāhine Māori.

We endeavour to expose the experiences they have encountered and their aspirations to be better supported by whānau and community organisations in their attempts to live active and well lives. Future research will focus on Māori experiences of mental health issues, unmet need and ways of addressing them within a community context.

**Research Excellence**

## RESEARCH DISSEMINATION & COLLABORATION

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### INTERNATIONAL PROJECT ON COMPETENCE IN PSYCHOLOGY

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In June 2013, Waikaremoana Waitoki and Dr Roseanne Black were supported by the New Zealand Psychological Society and MPRU to attend the International Congress on Licensure, Certification and Credentialing of Psychologists at an international forum in Stockholm, Sweden. The agenda was to develop a global definition of competence for psychologists that could be used to facilitate psychologists' movement across international borders. Supported by the *International Association of Applied Psychology (IAAP)* and *International Union of Psychological Science (IUPsyS)*, the Norwegian Psychological Society the congress sought to:

1. Develop a global agreement on identifying the benchmark competencies that define professional psychology.
2. [Establish] common and consistent criteria for the accreditation/recognition of quality educational programs preparing professional psychologists and licensing/credentialing and regulation of professional psychologists.
3. Facilitate mobility for individual psychologists across various jurisdictions and ease the processes for the receiving countries/communities.

The view of MPRU and the National Standing Committee on Bicultural Issues was that indigenous and minority group representation from across the globe should be present at the Congress. There was a concern that psychology continues to privilege western, North American, British and European psychological accreditation standards, theories, practices and worldviews while overlooking indigenous perspectives. Further concerns related to the inequities indigenous



peoples experience as minorities in their own countries and the need to address those differences through culturally-informed standards of psychological education, training and regulation.

Prior to the Congress, Waikaremoana asked Moana Jackson for his view following his keynote

address at the *He Manawa Whenua indigenous Research Conference* in Hamilton in June. Moana's succinct response typified the years he has spent working for indigenous issues in particular, the United Nations Declaration on the Rights of Indigenous Peoples. In his view, to participate in an international forum there are three things that should be remembered: (1) Do



not forget who you are as Māori, (2) Always be prepared to listen to the other person's view, and (3) Bring back what you have learned so that your people are part of any decision making.

During the Congress, opportunities were taken to highlight the importance of culture in the development of global standards and the relevance of the Declaration. Following the meeting in Stockholm, Waikaremoana was invited to join a working party charged with advancing the theme *Competence as a common language for professional identity and international recognition*. Several meetings of the working party have been held in Uganda and Atlanta with others scheduled over 2013-2014, although the cost and time have prevented extensive involvement.

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## 10<sup>TH</sup> BIENNIAL CONFERENCE: ASIAN ASSOCIATION OF SOCIAL PSYCHOLOGY

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Yogyakarta, Indonesia. Hosted by the University of Gadjah Mada, 21-24 August, 2013.



Attended by (L-R)  
Clinton Shultz,  
Bridgette  
Masters-Awatere,  
Ngahuia Te  
Awekotuku,  
Waikaremoana  
Waitoki and  
Rogelia Pe-Pua  
(front) Pat  
Dudgeon and  
Linda Waimarie  
Nikora.

MPRU were keen to showcase how we have developed an Indigenous Māori psychology in a forum where discussions about indigeneity are commonplace. In her invited presentation Associate Professor Linda Waimarie Nikora provided an overview of the development of the field in Aotearoa. Drawing on research about death in the Māori world, she illustrated how *wairua* (spirit) influences practice in everyday life and why it is important to intergenerational continuity, mental health and wellbeing.

Referring to death and blood offerings, Professor Ngahuia Te Awekotuku considered how *tapu* gives rise to prohibitions and constraints and endangers mundane activity. *Wairua* and *tapu* are fundamental aspects of *whānaungatanga*, a concept that emphasizes our relationality and responsibilities to each other. Dr Waikaremoana Waitoki discussed aspects of her research into cultural competencies and training, specifically the practice of *whānaungatanga* in clinical work and the use of critical incidents as a training tool. Bridgette Masters-Awatere presented her

research and theorising of an evaluation research framework that is culturally confluent, that is, one which is cognizant of scientific and Māori world epistemologies. Her research results from work with Māori service providers and Māori evaluators of those services who often find themselves in the position of having to negotiate these at times divergent, pathways. Lastly, Associate Professor Rogelia Pe-Pua reflected on the presentations made by the panel and to raise questions for discussion. A highlight was the opportunity to present alongside Indigenous Australians Clinton Shultz and Professor Patricia Dudgeon. As a MPRU research associate, Pat Dudgeon is a regular contributor to our activities.

Opportunities to link with community groups was welcomed as Waikaremoana and Bridgette were hosted by Professor Johana Prawitsari and Nindyah Rengganis. Ganis works at the Institute for Community Behavioural Change in Yogyakarta, Indonesia.

A chance encounter at the mall resulted in a causal photo opportunity and allowed Ganis time to purchase some gifts for her friend Edward, who is studying towards his Master's degree at Waikato University. Edward is also supervised by Linda Nikora. Ganis is pictured holding her daughter and a gifted-copy of the Ka tu, ka oho, book co-edited by Waikaremoana. Links with indigenous community groups is an important component of MPRU activities.




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## CRITICAL ETHNIC STUDIES CONFERENCE: DECOLONIZING FUTURE INTELLECTUAL LEGACIES AND ACTIVIST PRACTICES

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Hosted by the Institute for Research on Race and Public Policy, the University of Illinois, Chicago.

Associate Professor Linda Waimarie Nikora, Professor Ngahuia Te Awekotuku & Mohi Rua. Students: Kiri Edge (PhD), Saburo Omura (PhD) & Pita King (Masters), September 19-21, 2013. Several significant collaborations emerged for MPRU: a proposal to the journal "Decolonization" to publish our papers in a special edition which Jasmine Zine (Canada) will take the lead on, a request from Njoki Wane (Toronto) to act as an external examiner for one of her Phd students, and an invitation to attend a conference in Toronto about 'decolonising the spirit'.

## STUDENT SUPPORT

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### PHD THESES

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-  Bridgette Masters-Awatere (near completion)
-  Mohi Rua (near completion)
-  Kiri Edge
-  Keriata Paterson (near completion)
-  Saburo Omura
-  Byron Seiuli (near completion)
-  David Anstiss
-  Samantha Brennan
-  Sripriya Somasechar
-  David Jones
-  Shemana Cassim
-  Kimberly Jackson

### MASTER'S THESES

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- |  |  |
|--|--|
|  Pita King                    |  Parewahaika Harris |
|  Leah Oh                      |  Rebekah Graham     |
|  Catherine Corbett            |  Claire Troon       |
|  Shannon Beard                |  Wol Hansen         |
|  Abha Dod                     |  Brett Fernandez    |
|  Catherine Lane               |  Emma Clarkson      |
|  Jane Currie                  |  Peter Patlakas     |
|  Tuihana Marsh                |  Ruth Seabright     |
|  Danielle Diamond (completed) |  Sarah Nielsen      |
|  Nina Rakei (deferred)        |  Julie Chatwin      |
|  Caitlin Easter               |  Amanda Drewer      |
|  Tawhana Ball                 |  Shevon Barrow      |
|  Sali Namwinga                |  Rae Braithwaite    |
|  Nicole Waru                  |  Jessica Goshe      |
|  Ishta Singh                  |  Gabrielle Taylor   |
|  Brook Pemberton              |  |

**FUTURE LEADERS**



## MĀORI AND PSYCHOLOGY RESEARCH UNIT SYMPOSIUM

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Students engaged in projects under the supervision of MPRU staff were invited to present their work and whakawhanaunga. The quality of research suggests a pool of future leaders in psychology who are well placed to contribute to kaupapa Māori focussed research. (Back) Dr Armon Tamatea, Dr Waikaremoana Waitoki, Dr Neville Robertson, Associate Professor Linda Waimarie Nikora, Mohi Rua and Pita King. (Front) Seated in the front are: Bridgette Masters-Awatere, Catherine Lane, Leah Oh, Rebekah Graham, Sue Chatwin & Daniella Diamond.

## STUDENT SUCCESS

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Toi o Matariki Graduate Conference 2013. Pita King, Parewahaika Harris receiving their awards from Pro-Vice Chancellor, Māori, Professor Linda Smith. Pita received the award for best paper: *Homeless on the street, kaumatua on the marae: Relational notions of Māori men's health*. Pare received the award for people's choice: *Māori womens' experiences of bipolar disorder: Pathways to recovery*. Pare also won the *Best Student Paper* at the New Zealand Psychological Society Conference held in Auckland.

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## CONTRACTS & GRANTS IN PROGRESS

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### AUE HA! MĀORI MEN'S RELATIONAL HEALTH

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**Principal Investigators:** Mohi Rua & Professor Darrin Hodgetts (School of Psychology, University of Waikato) and Tom Roa (School of Māori & Pacific Development, University of Waikato) with support from Associate Professor Linda Waimarie Nikora (School of Psychology), Professor Ngahuia Te Awekotuku (Centre for Māori and Pacific Development Research) and Wilf Holt (Auckland City Mission). (2001-2014)

**Grant agency:** Nga Pae o te Maramatanga (\$650,000).

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### AITUA: DEATH IN A CHANGING MĀORI WORLD

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**Principal Investigators:** Prof Ngahuia Te Awekotuku and Assoc Prof Linda Waimarie Nikora

**Associate Investigators:** Prof Pou Temara, Te Kahautu Maxwell, Enoka Murphy. (2009-2012)

**Grant agency:** Nga Pae o te Maramatanga (\$250,000).

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### APAKURA: THE MĀORI WAY OF DEATH

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**Principal Investigators:** Prof Ngahuia Te Awekotuku and Assoc Prof Linda Waimarie Nikora

**Associate Investigators:** Prof Pou Temara, Te Kahautu Maxwell, Mohi Rua and Rolinda Karapu. (2009-2013)

**Grant agency:** The Royal Society of New Zealand Marsden Grant (\$950,000).

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### MEDICATIONS IN EVERYDAY LIFE: UNDERSTANDINGS AND SOCIAL PRACTICE

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**Investigators:** Prof Kerry Chamberlain (Massey University, Albany), Assoc Prof Darrin Hodgetts, Dr Pauline Norris (University of Otago), Assoc Prof Kevin Dew (University of Otago), Assoc Prof Linda Waimarie Nikora, Prof Jonathan Gabe (Royal Holloway, University of London), Prof Alan Radley (University of Loughborough) & Ms Helen Madden (Massey University, Albany). (2007-2012)

**Grant agency:** Health Research Council (\$1m).

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### 'A PILL FOR EVERY ILL': THE DOMESTIC LIFE OF MEDICATIONS IN CONSUMER SOCIETY

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**Investigators:** Prof Kerry Chamberlain (Massey University, Albany), Assoc Prof Darrin Hodgetts, Dr Pauline Norris (University of Otago), Assoc Prof Kevin Dew (University of Otago),

Assoc Prof Linda Waimarie Nikora, Prof Jonathan Gabe (Royal Holloway, University of London), Prof Alan Radley (University of Loughborough) & Ms Helen Madden (Massey University, Albany). (2007-2012)

**Grant agency:** The Royal Society of New Zealand Marsden Fund (\$645k).

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## THE CONTRIBUTIONS OF MĀORI KNOWLEDGE TO AN INDIGENOUS PSYCHOLOGY

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**Investigators:** Dr Waikaremoana Waitoki, Associate Professor Linda Waimarie Nikora and Professor Patricia Dudgeon (Curtin University).

**Grant Agency:** Nga Pae o te Maramatanga.

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## KAUPAPA MĀORI PSYCHOLOGY: INDIGENOUS PSYCHOLOGY, RESEARCH AND PRACTICE

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**Editors:** Dr Waikaremoana Waitoki & Dr Michelle Levy

**Grant Agency:** Nga Pae o te Maramatanga. (2013-2014).

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## MPRU 2013 SCHOLARSHIP RECIPIENTS

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**The MPRU awarded seven scholarships for 2013. The recipients were:**

- ☞ Keriata Paterson (PhD thesis)
- ☞ Kiri Edge (PhD thesis)
- ☞ Saburo Omura (PhD thesis)
- ☞ Byron Seiuli (PhD thesis)
- ☞ Pita King (Master's thesis)
- ☞ Parewahaika Erenora Harris (Master's thesis)
- ☞ Claire Troon (Master's thesis)
- ☞ Shemana Cassim (Phd study award)
- ☞ Sripriya Somasekhar (Phd study award)

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## 2013-2014 SUMMER RESEARCH

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- ☞ Stacey Ruru – Nga Pae o te Maramatanga, with the Faculty of Computing and Mathematical Science Te Taka Keegan, supported by MPRU. (10 weeks)

## 2013 RESEARCH OUTPUTS

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In total the MPRU is able to report **80 research outputs** for the 2013 year. These outputs include peer reviewed articles, articles under review, books, book chapters, technical/commissioned reports, invited presentations, conference presentations, completed student theses, media articles/interviews and professional appointments.

### PEER REVIEWED ARTICLES

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1. Cassim, S., **Stolte, O. & Hodgetts, D.** (2013). Metonymic objects, cultural practices and narrative repair: Sri Lankan responses to the Indian Ocean tsunami. *Journal of Health Psychology*. pg.1-11. doi:10.1177/1359105313504442
2. Haar, J. M., & **Roche, M.** (2013). Three-way interaction effects of workaholism on employee well-being: Evidence from blue-collar workers in New Zealand. *Journal of Management & Organization*, 19(2), 134-149. doi:10.1017/jmo.2013.10
3. Terrill, D., **Robertson, N.**, & Lammers, M. (2014). "There's no cloud of shame on me": Māori men's experiences of prison-based psychological rehabilitation - Part I. *Psychology Aotearoa*, 6(1), 20-24.
4. **Hodgetts, D.**, Chamberlain, K., Tankel, Y. & Groot, S. (2013) Researching poverty to make a difference: The need for reciprocity and advocacy in community research. *The Australian Community Psychologist*, 25:1, p. 46-59.
5. **Hodgetts, D.**, Hayward, B. & **Stolte, O.** (2013). Medicinal commodities and the gift of a caring mother. *Journal of Consumer Culture*. p.1-21. doi:10.1177/1469540513498611
6. Norris, P., Chamberlain, K., Dew, K., Gabe, J., **Hodgetts, D.** & Madden, H. (2013) Public beliefs about antibiotics, infection and resistance: A qualitative study. *Antibiotics*. 2, 4 p.465-476. doi:10.3390/antibiotics2040465
7. **Stolte, O. & Hodgetts, D.** (2013). Being healthy in unhealthy places: Health tactics in a homeless lifeworld. *Journal of Health Psychology*. p.1-10. doi:10.1177/1359105313500246
8. **Roche, M.**, & Haar, J. M. (2013). A metamodel approach towards self-determination theory: a study of New Zealand managers' organisational citizenship behaviours. *The International Journal of Human Resource Management*, 24(18), 3397-3417. doi:10.1080/09585192.2013.770779
9. **Roche, M.**, & Haar, J. M. (2013). Leaders' life aspirations and job burnout: a self-determination theory approach. *Leadership & Organization Development Journal*, 34(6), 515-531.
10. ten Brummelhuis, L. L., Haar, J., & **Roche, M.** (2013). Does family life help to be a better leader? A closer look at crossover processes from leaders to followers. *Personnel Psychology*, online, 1-33. doi:10.1111/peps.12057
11. Wilson, N., & **Tamatea, A.** (2013). Challenging the 'urban myth' of psychopathy untreatability: the High-Risk Personality Programme. *Psychology, Crime & Law*, 19(5-6), 493-510. doi:[10.1080/1068316x.2013.758994](https://doi.org/10.1080/1068316x.2013.758994)

## BOOK CHAPTERS

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12. Moeke-Maxwell, T., **Nikora, L. W.** & Te Awekotuku, N. (2013). Manaakitanga: Ethical research with Māori who are dying. In M. Agee, T. McIntosh, P. Culbertson & C. Makasiale (ed/s) *Pacific Identities and Well-Being - Cross Cultural Perspectives*. Routledge, London, 2013. p. 188-203.
13. **Nikora, L. W.** & Te Awekotuku, N. (2013). Tangihanga: The ultimate form of Māori cultural expression - An overview of a research program. In M. Agee, T. McIntosh, P. Culbertson & C. Makasiale (ed/s) *Pacific Identities and Well-Being - Cross Cultural Perspectives*. Routledge, London, p. 169-173.
14. **Nikora, L. W.**, McRae, K. O., Te Awekotuku, N. & **Hodgetts, D.** (2013). A tangi for an ariki: Mourning through print media reporting. In M. Agee, T. McIntosh, P. Culbertson & C. Makasiale (ed/s) *Pacific Identities and Well-Being - Cross Cultural Perspectives*. Routledge, London, p. 174-187.
15. **Hodgetts, D.** & Chamberlain, K. Analyzing news media (2013). In U. Flick (ed/s) *The SAGE Handbook of Qualitative Data Analysis*, p. 380-393. SAGE Publications Ltd.
16. **Hodgetts, D.** & **Stolte, O.** Abjection. (2013) In T. Theo (ed/s) *Encyclopedia of Critical Psychology*. Springer-Reference, p.1-3.  
<http://www.springerreference.com/docs/html/chapterdbid/310370.html> p. 1-3.
17. **Hodgetts, D.** & **Stolte, O.** Social Distance. In T. Theo (ed/s) *Encyclopedia of Critical Psychology*. Springer-Reference, p.1-5.  
<http://www.springerreference.com/docs/html/chapterdbid/307043.html>
18. **Hodgetts, D.**, **Stolte, O.** & Groot, S. Homelessness, Overview. (2013). In T. Theo (ed/s) *Encyclopedia of Critical Psychology*. Springer-Reference, <http://www.springerreference.com/docs/html/chapterdbid/307043.html>, p.1-5.
19. **Waitoki, W.**, Black, R., & **Masters-Awatere, B.** (2013). The complexity of developing a global definition of competency. *Psychology Aotearoa*, 5, 2, p. 100-107 Whiringa-Nuku. New Zealand Psychological Society. Wellington. ISSN 1179-397X

## TECHNICAL/COMMISSIONED REPORTS

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20. **Masters-Awatere, B.**, Barrow, S., Braithwaite, R., Newman, E., & Pemberton, B. (2013). The effectiveness of Onsite High School Health Care for Adolescent Users: An evaluation of the Fraser High School Health Centre. University of Waikato, School of Psychology.
21. **Masters-Awatere, B.**, MacLennan, B., Namwinga, N., Taylor, G., & Theodorus, E. (2013). Kaupapa Māori Support Services: Supporting Māori Academic Achievement in the School of Psychology at the University of Waikato. University of Waikato, Māori & Psychology Research Unit.
22. Robertson, N., **Masters-Awatere, B.**, Lane, C., Tapra, A., Corbett, C., Graham, R., Gosche, J., Jenkins, & King, T. (2013) Evaluation of the Whanau Ora Wellbeing Service of Te Whakaruruhau – final report. Māori and Psychology Research Unit, University of Waikato; Hamilton.
23. **Waitoki, W.**, & **Nikora, L. W.** (2012). Māori and Psychology Research Unit Annual Report. University of Waikato. School of Psychology, pg. 1-27.



## CONFERENCE PRESENTATIONS

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24. Haar, J. M., & **Roche, M.** (2013). Woman wellbeing and performance: Sector and ethnicity differences. In Women, Work and Collectivism 2 Symposium, Auckland University of Technology, New Zealand. Retrieved from <http://wwc2s.weebly.com/>
25. Haar, J. M., & **Roche, M.**, (2013). Leader and follower psychological capital: Direct and crossover effects towards work engagement: A study of New Zealand teams. In 27th Australian and New Zealand Academy of Management Conference. Conference held at Hobart, Australia.
26. Haar, J. M., & **Roche, M.** (2013). Testing whether work-family conflict dimensions work the same: Evidence from a sample of New Zealand CEOs. In Fifth International Community, Work and Family Conference. Conference held at Sydney, New South Wales, Australia.
27. Haar, J. M., **Roche, M.**, & Brougham, D. (2013). Abusive supervision and its influence on the mental health of Māori employees: The benefits of resilience. In 2nd New Zealand Association of Positive Psychology Conference: Towards a flourishing New Zealand. Conference held at Auckland, New Zealand.
28. Harris, P., **Waitoki, W.** & **Nikora, L. W.** (2013). Māori women's experience of bipolar affective disorder: Pathways to recover. New Zealand Psychological Society Annual Conference: Building Bridges: Dialogues across Psychology: Whakatina: Ngā kōrero o te Mātai Hinengaro. Auckland University, New Zealand; 6 - 9 September 2013.
29. Harris, P., **Waitoki, W.** & **Nikora, L. W.** (2013). Māori women's experiences of bipolar disorder, Toi o Matariki Māori Graduate Student's Symposium. University of Waikato. **(Right: Pare Harris)**
30. **Masters-Awatere, B.** (2013a). Cultural confluence - Indigenous epistemology and evaluation methodology. Paper presented at the 10th biennial Conference of Asian Association of Social Psychology (AASP): Faculty of Psychology, Universitas Gadjah Mada, Yogyakarta, Indonesia. 21-24th August.
31. **Masters-Awatere, B.** (2013b). Epistemology and evaluation – at the interface. Paper presented at the 10th biennial Conference of Asian Association of Social Psychology (AASP): Faculty of Psychology, Universitas Gadjah Mada, Yogyakarta, Indonesia. 21-24th August.
32. **Nikora, L. W.** & Te Awekotuku, N. Moehewa: Death, lifestyle and sexuality in the Māori world. 10th Global Conference: Making Sense of Dying and Death. Athens, Greece; 7-9 November 2013. p. 1-9.
33. **Nikora, L. W.**, Te Awekotuku, N. & Tamanui, V. Home and the spirit in the Māori world. He Manawa Whenua: Indigenous Research Conference. University of Waikato, Hamilton, New Zealand; 30 June - 3 July 2013. p. 1-7.
34. **Nikora, L. W.**, Edge, K. & Te Awekotuku, N. Colouring our tears: whose complexions and complexities prevail? A discussion of mixed heritage death rituals in



- Aotearoa/New Zealand. Critical Ethnic Studies Conference: Decolonizing Future Intellectual Legacies and Activist Practices. The University of Illinois, Chicago, USA; 19 - 22 September 2013.
35. **Nikora, L. W.** Wairuatanga: The spirit in the Māori world. 10th Biennial Conference of Asian Association of Social Psychology (AASP). Universitas Gadjah Mada, Yogyakarta, Indonesia; 21 - 24 August 2013.
  36. Omura, S., Te Awekotuku, N., Ryan, T. F. & **Nikora, L. W.** The Treaty of Waitangi and Asian immigrants in New Zealand: Theoretical implication of indigenous culture and history on ethnic migrant's acculturation. Critical Ethnic Studies Conference: Decolonizing Future Intellectual Legacies and Activist Practices. The University of Illinois, Chicago, USA; 19 - 22 September 2013.
  37. **Roche, M.**, & Haar, J. (2014). The challenge of burnt-out leaders in developing autonomy supportive organizations. In Society for Industrial and Organizational Psychology Congress. Conference held at Hawaii, Honolulu, USA.
  38. **Roche, M.**, & Haar, J. M. (2013). How do employees cope when leaders are both great citizens and bad apples? A multi-level study of leaders influencing followers. In 27th Australian and New Zealand Academy of Management Conference. Conference held at Hobart, Australia.
  39. **Roche, M.**, & Haar, J. M. (2013). Towards a comprehensive model of leader wellbeing. In 5th International Conference on Self-Determination Theory. Conference held at Rochester, New York.
  40. **Roche, M.**, & Haar, J. M. (2013). Self-determination theory broadens and builds flourishing leaders. In International Leadership Association (ILA) 2013 Oceania Conference: Building the R&D of Leadership. Conference held at Auckland, New Zealand.
  41. **Rua, M., Hodgetts, D.**, King, P. R. W., Te Whetu, I. T. & Holt, W. Street homeless Māori men. 10th National Men's Health Gathering Conference: Blazing a Trail: To Healthier Men and Communities. Brisbane, Australia; 22-25 October 2013. **(Right: Pita King).**
  42. **Rua, M., Hodgetts, D.**, King, P., Te Whetu, I. T. & Holt, W. Pani me te rawakore: Māori homeless men gardening in Tamaki Makaurau. Ngā Pae o Te Maramatanga Annual Research Symposium: Fostering Te Pā Harakeke: Health and Prosperous Families of Mana. Tauranga, New Zealand; 25-26 November 2013.
  43. **Rua, M.**, King, P. W., **Hodgetts, D.** & Te Whetu, I. T. Pani me te rawakore: Engaging traditional and contemporary Māori cultural practices for street homeless Māori men. Critical Ethnic Studies Association Conference: Decolonizing Future Intellectual Legacies and Activist Practices. The University of Illinois, Chicago, USA; 19 - 21 September 2013.
  44. **Tamatea, A.** (2013). 'Leaving an army behind': Gangs and community. In *He Manawa Whenua: Indigenous Research Conference*. Conference held at Claudelands, Hamilton, New Zealand.



45. Te Awekotuku, N., & **Nikora, L. W.** Mata Aroha: from preserved heads to baronial portraits: the ancestral image in Māori mourning ritual. 10th Global Conference: Making Sense of Dying and Death. Athens, Greece; 7-9 November 2013.
46. Te Awekotuku, N., & **Nikora, L. W.** Moengaroa: Death, lifestyle & sexuality in the Māori world. Critical Ethnic Studies Conference: Decolonizing Future Intellectual Legacies and Activist Practices. The University of Illinois, Chicago, USA; 19 - 22 September 2013.
47. **Waitoki, W., & Nikora, L. W.** Māori experiences of bipolar disorder: Pathways to recovery. 10th Biennial Conference of Asian Association of Social Psychology (AASP). Universitas Gadjah Mada, Yogyakarta, Indonesia; 21 - 24 August 2013.
48. **Nikora, L. W.** Qualitative Research Methods. Invited seminar: Te Rōpū Manukura Research Workshops. Waikato-Tainui Research College, Hopuhopu, New Zealand; 11 October 2013.
49. **Waitoki, W., Masters-Awatere, B., Black, R.** Professional practice issues in indigenous psychology. New Zealand Psychological Society Annual Conference: Building Bridges: Dialogues across Psychology: Whakatina: Nga koere o te Matai Hinengaro. Auckland University, New Zealand; 6 - 9 September 2013.
50. **Waitoki, W. & Nikora, L. W.** Māori experiences of bipolar disorder: Pathways to recovery. 10th Biennial Conference of Asian Association of Social Psychology (AASP). Universitas Gadjah Mada, Yogyakarta, Indonesia; 21-24 August 2013.
51. **Waitoki, W.** Whanaungatanga: Using indigenous Māori processes of relationship building to achieve psychological wellness. 10th Biennial Conference of Asian Association of Social Psychology (AASP). Universitas Gadjah Mada, Yogyakarta, Indonesia; 21-24 August 2013.
52. **Waitoki, W., & Black, R.** Indigenous contributions to international definitions of competency Working party discussions. 5th International Congress on Licensure, Certification and Credentialing of Psychologists. Stockholm, Sweden: 7-9th July, 2013.
53. **Waitoki, W., Nikora, L. W.** Māori experiences of bipolar disorder: Pathways to recovery. He Manawa Whenua Indigenous Research Conference. Claudelands Events Centre, Hamilton; 30th June-3 July, 2013.

#### KEYNOTES & INVITED ADDRESSES

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54. **Hodgetts, D.** [Keynote] What does it mean to be poor in New Zealand today. Institute of Judicial Studies: Trends in New Zealand Society - Poverty Symposium. Auckland, New Zealand; 21-22 March 2013.
55. **Hodgetts, D.** [Keynote] Welfare and a living wage. OHS Symposium: Precarious work and the Living Wage in our Communities. AUT University, Auckland; 14-15 February 2013.
56. **Hodgetts, D.** [Keynote] Visual research: engaging with everyday life. Symposium on Visual Research. University of Waikato, Hamilton, New Zealand; 19-20 February 2013.
57. **Hodgetts, D.** [Keynote] Violence in the current socio-economic climate. Manawatu Abuse Intervention Network (MAIN): Family Violence Symposium. Palmerston North, New Zealand; 7-8 March 2013.



58. **Hodgetts, D.** [Keynote] The ordinary in the extra-ordinary: Everyday lives textured by urban poverty. International Conference on Psychology and the Conduct of Everyday Life. Roskilde University, Denmark; 26-28 June 2013.
59. **Hodgetts, D.** [Keynote] Structural violence and the psychology of welfare reform in New Zealand. 42nd Annual Conference of the Australian Public Health Association (PHAA). Melbourne, Australia; 16 - 18 September 2013.
60. **Hodgetts, D.** [Keynote] Engaging Social Science: Re-humanizing people in need and questioning the undeserving wealthy. Ka Awatea Conference - Research & Scholarship in the 21st Century. Massey University, Palmerston North, New Zealand; 14 November 2013.
61. **Nikora, L. W.** Qualitative Research Methods. Invited seminar: Te Rōpū Manukura Research Workshops. Waikato-Tainui Research College, Hopuhopu, New Zealand; 11 October 2013.
62. Te Awekotuku, N., & **Nikora, L. W.** Māori ways of death and mourning. Visual, Material and Museum Anthropology Seminar Series. Pitt Rivers Museum, Oxford, United Kingdom; 15 November 2013.
63. **Waitoki, W.** & Black, R. [Keynote] Seeking cultural competency: Signposts, judder bars, and potholes. New Zealand Psychological Society Annual Conference: Building Bridges: Dialogues across Psychology: Whakatana: Ngā kōrero o te Mātai Hinengaro. Auckland University, New Zealand; 6-9 September 2013.

## ORAL PRESENTATIONS

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64. **Hodgetts, D., Rua, M.,** King, P., Te Whetu, I. T. C. & Holt, W. Street homeless Māori men - forging and maintaining positive relationships through gardening activities. *Tōmaiora Seminar*. University of Auckland, New Zealand; 19 November 2013.
65. **Hodgetts, D.** Māori homeless men gardening in Auckland. *Health, Community and Development Seminar Series, Institute of Social Psychology, London School of Economics & Political Science*. London, United Kingdom; 19 June 2013.
66. **Hodgetts, D.** The ordinary in extraordinary everyday lives: Māori homeless men gardening in Auckland. *University of Auckland, School of Psychology Colloquium*. University of Auckland, New Zealand; 12 June 2013.
67. **Rua, M.,** King, P., **Hodgetts, D.,** Te Whetu, I. T. & Holt, W. Aue Ha! Health and Māori men. *Ngā Pae o Te Maramatanga: International Research Advisory Panel Meeting (IRAP)*. Auckland, New Zealand; 11-13 November 2013.
68. **Tamatea, A.** (2013). Psychological tools and risk assessment. In *Preventive detention and risk assessment workshop, Dunedin Hospital, Dunedin, New Zealand*.
69. **Tamatea, A.** (2013). Face validity: Exploring the relationship between facial affect recognition and psychopathic traits with high risk prisoners in New Zealand. In *The New Zealand Psychological Society: 'The Doctors are in', Hamilton, New Zealand*.
70. **Tamatea, A.** (2013). Experiences of men who leave gangs: An overview of what works. In *Department of Corrections, Te Papa o Ropu Marae, Whatawhata, Hamilton, New Zealand*.

71. **Tamatea, A.** (2013). Psychological approaches to medical adherence. In *Hamilton East Medical Centre Meeting, Hamilton, New Zealand*.

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## CONFERENCE PROCEEDINGS

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72. Diamond, D., **Masters-Awatere, B.**, & Curtis, C. (Under review) Investigating the social supports of Māori undergraduate appellants at the University of Waikato. Paper submitted for the Proceedings of the Indigenous Psychologies Conference. A joint conference between the University of Waikato and the University of Auckland. November 2012
73. **Masters-Awatere, B.** (Under review). Culturally Confluent Evaluation. Paper submitted for the Proceedings of the Indigenous Psychologies Conference. A joint conference between the University of Waikato and the University of Auckland. November 2012
74. **Masters-Awatere, B.** (Under review). Culturally Confluent Evaluation: At the interface. Paper submitted for the Proceedings of the 10th Biennial Conference of Asian Association of Social Psychology Conference. Universitas Gadj Mada, Yogyakarta, Indonesia. September 2013.
75. **Waitoki, W., Nikora, L. W.**, (Eds). Proceedings of the National Māori and Pacific Psychology Conference. Indigenous Psychologies: Our Past, Present and Future. 16-17<sup>th</sup> November. Auckland University. (Under Review).

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## REVIEWS, EDITED JOURNALS

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76. Hodgetts, D. Review of N. Dogra. (2013). Representations of global poverty: Aid, development and international NGOs. *The Australian Community Psychologist*. 25, 1, p.75-77.
77. Seidler, K., & **Tamatea, A.** (2013). Sexual Abuse in Australia and New Zealand: An Interdisciplinary Journal, 5(1), 1-60.
78. Seidler, K., & **Tamatea, A.** (2013). Sexual Abuse in Australia and New Zealand: An Interdisciplinary Journal, 5(2), 1-78.

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## COMPLETED STUDENT THESES

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79. Shemana Cassim (2013) Re-membering those lost: the role of materiality in narrative repair following a natural disaster. Unpublished Master's Thesis, School of Psychology, University of Waikato.
80. Rebekah Graham (2013) "Tell me what you eat and I will tell you who you are (and where you are from)." Food, culture and re-membering in New Zealand: A case study approach. Unpublished Master's Thesis, School of Psychology, University of Waikato.

## TOWARDS 2014-15

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- ✚ Maintain and extend our working relationships through meaningful partnerships with research associates, collaborating communities and entities, and with national and international research institutions.
- ✚ Support students through providing scholarships, research training, tutoring and teaching, professional development activities and conference attendance.
- ✚ Facilitate opportunities to host Visiting scholars, Research Fellows, Post-Doctoral Fellows, Fulbright Scholars and visiting graduate students.
- ✚ Continue to achieve excellence in research and teaching.
- ✚ Continue research, writing and teaching collaborations with colleagues in Indonesia and Australia
- ✚ Continue collaborations with colleagues in the school, faculty and across the University
- ✚ Enhance our engagement with Waikato Institute of Technology's Māori Research team
- ✚ Continue to support the development of Māori staff and their academic career pathways
- ✚ Continue our proven track record of submitting competitive externally-funded research bids.