



# MPRU ANNUAL REPORT 2015



MĀORI & PSYCHOLOGY RESEARCH UNIT  
UNIVERSITY OF WAIKATO

# Māori & Psychology Research Unit Annual Report 2015

Waikaremoana Waitoki & Linda Waimarie Nikora



THE UNIVERSITY OF  
**WAIKATO**  
*Te Whare Wānanga o Waikato*

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## BACKGROUND

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The Māori and Psychology Research Unit (MPRU) was established in August of 1997. The Unit acts as a catalyst and support network for enhancing research concerning the psychological needs, aspirations, and priorities of Māori people. The MPRU is well situated to draw together skilled and experienced interdisciplinary research groups by networking and establishing working relationships with staff and students within the School of Psychology, the Faculty of Arts and Social Sciences, the wider University and general community.

An important role played by the MPRU is the provision of invaluable practical experience to both Māori and non-Māori students through involvement in Māori focused research, planning and management, and professional development activities. The Unit is a vehicle for responding to Māori issues at local and national levels, particularly at community and organisational levels and increasingly, in international spaces.

The MPRU is a leading international indigenous research and teaching entity that reflects the University of Waikato's distinctiveness strategy and enacts the core goal of promoting excellence in research and teaching. In the last nine years the MPRU has generated over 6 million dollars in external research income, and over \$675,000 in external scholarships. Several senior academics within the Unit are recognized international leaders in their respective fields.

Furthermore, emerging researchers and scholars have also begun to have an impact on the future direction of psychology. The MPRU also runs an advisory service to assist researchers in writing research proposals that will result in research products useful to Māori development. The MPRU staff have a proven history of supporting Māori PhD and Masters' psychology students. These students benefit from our ongoing contact with the University of Waikato's Faculty of Arts and Social Sciences and other institutions such as the:

The School of Māori & Pacific Development, Te Whakaruruhau Māori Women's Refuge (Hamilton), Waikato Institute of Technology (Wintec); The Waikato Institute of Technology, Te Runanga o Kirikiriroa, iwi groups, the Auckland City Mission, the Ngā Pae o te Māramatanga national network of Māori scholars, Victoria University of Melbourne, Curtin University; University of South Australia (Adelaide), and the University of Notre Dame (Perth).

In the 2015 year, the MPRU produced over 60 peer-reviewed articles, delivered conference papers, keynote addresses, invited papers to symposia/conferences, student theses and commissioned reports. Through winning grants and awards, the Unit presents itself as an avenue for students to further their academic development and scholarly pursuits, enhance their professional connections and to receive financial assistance.

## GOALS

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- ❖ **To provide a support structure** which encourages Māori focused research in psychology.
- ❖ **To serve as a scholarly resource** to support Māori focused research projects and to promote new research initiatives among staff, undergraduate and graduate psychology students.
- ❖ **To seek out new sources of research funding**, respond to requests for proposals and tenders relevant to Māori issues, and to obtain continued external funding for Māori focused psychological research.
- ❖ **To facilitate the professional development of Māori researchers** and to continue to develop future leaders in Māori focused research and psychology.
- ❖ **To provide a foundation for the teaching of psychology** by enhancing availability and access to Māori focussed research experience and products.
- ❖ **To promote the use of Māori focussed research** products into the School of Psychology's curriculum
- ❖ **To facilitate internal and external lectures** and research seminars to support the development of new projects and disseminate the work of scholars in the Unit.
- ❖ **To host** visiting researchers and scholars
- ❖ **To encourage collaborative research** in Māori focussed projects across disciplines.

## HE TIRO WHAKAMURI

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Professor Linda Waimarie Nikora (PhD)  
Director, Māori & Psychology Research Unit.

Tēnā koutou,

This year has been one of accomplishments and celebration. We celebrated the successful rebid of Ngā Pae o te Māramatanga to retain their CoRE status and Linda's appointment as a theme leader research. Linda was also promoted to full professor this year. We also celebrated the success of MPRU staff Dr Mohi Rua (2015), Dr Byron Seuli (2015), Dr Bridgette Masters-Awatere (2016) and Dr Keriata Paterson for graduating with their doctoral theses. We wish them well into the future as they proceed to shape the MPRU landscape with their research excellence.



This report presents several projects that have finished, or are ongoing; we hope you enjoy reading about these great pieces of work. We also feature our project on Indigenous Knowledge which is still being disseminated. Further research is in the pipeline.

This year was also a year of strengthening collaborations with our international and national colleagues. In particular we continued our research and writing relationships with Australian Indigenous psychologists and their colleagues. Linda and Waikaremoana have finalised several chapters with Professor Pat Dudgeon and along with colleagues and students, (see *student success*) presented at the Australian Psychological Society Conference.

A highlight this year was the conference in Cebu City with our colleague Professor Rogelia Pe-Pua. An outstanding conference and location, the Philippines has a long history of indigenous activism and scholarship which we were grateful to witness and be part of.

We also feature our relationship with students and colleagues within the school as they undertake research into parenting, pregnancy, leadership, partner violence; the list goes on. We supported a number of students with the MPRU Research Scholarships and exposed them to a busy research environment as interns and presenters.

This year also saw the launch of the *Journal of Indigenous Wellbeing* with Linda Nikora as one of the editors in collaboration with Te Rau Matatini. The journal is a peer-reviewed, open-access, online journal. We look forward to 2016 as we being several significant projects.

Waikaremoana and Linda

## MPRU STAFF & COLLEAGUES

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- ✕ **Director:** Professor Linda Waimarie Nikora (Tuhoe/Te Aitanga-a-Hauiti)
- ✕ **Senior Research Officer/Post-Doctoral Fellow:** Dr Waikaremoana Waitoki (Ngāti Mahanga/Ngāti Hako).

## PRINCIPAL INVESTIGATORS

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- |   |  |
|---|--|
| • Professor Linda Waimarie Nikora   | • Professor Kerry Chamberlain (Massey University, Albany)  |
| • Professor Ngahuia Te Awekotuku (Te Arawa, Waikato, Tuhoe)                     | • Dr Neville Robertson (University of Waikato)             |
| • Dr Waikaremoana Waitoki, Ngāti Hako   | • Te Kahautu Maxwell (University of Waikato) Te Whakatohea |
| • Dr Mohi Rua, (University of Waikato) Tuhoe, Ngāti Whakaue                     | • Enoka Murphy (University of Waikato) Ngāti Manawa        |
| • Dr Bridgette Masters-Awatere (University of Waikato) Te Rarawa, Ngai te Rangi | • Professor Pou Temara (University of Waikato) Tuhoe       |
| • Dr Ottilie Stolte (University of Waikato)                                     | • Prof Alan Radley (Loughborough University, England)      |
| • Professor Darrin Hodgetts (Massey University) Kai Tahu, Kati Mamoe            | • Dr Pauline Norris (University of Otago)                  |
| • Associate Professor Kevin Dew (University of Otago)                           |  |

## RESEARCH ASSOCIATES

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- |  |   |
|--|---|
| • Dr Shaun Awatere (Landcare Research) Ngāti Porou     | • Dr Virginia Tamanui, (Auckland)   |
| • Okeroa McRae (Tainui Endowment College) Tainui       | • Dr Michelle Levy, (Tainui)  |
| • Professor Pat Dudgeon (Perth)                        | • Prof Jonathan Gabe (Royal Holloway, University of London)   |
| • Dr Eci Nabalarua (University of South Pacific, Fiji) | • Dr Wen Li (James Cook University, Townsville, Australia)  |
| • Prof Dan McNeil (University of West Virginia, USA)   | • Mr Chas Te Whitu (Tuhoe)  |
| • Prof Rogelia Pe-Pua (Aus)                            | • AProf Dawn Darlaston-Jones (Aus)  |
| • Prof Giselle Burns (Darwin)                          | • Bernard Guerin and Dr Pauline Guerin (University of South Australia, Adelaide)  |
| • Prof Johana Prawitsari (Indonesia)                   | • Prof Neil Drew (The University of Notre Dame, Perth and the Nulungu Centre for Indigenous Studies, Broome, Western Australia) |
| • Dr Byron Seuili (University of Waikato)              |   |

## PROFILE: PROFESSOR LINDA WAIMARIE NIKORA

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*Tuhoe and Te Aitanga-a-Hauiti*

### **Professorial address: Māori flourishing in a fast changing world**

This year the Māori and Psychology Research Unit celebrated the promotion of its Director, Linda Waimarie Nikora to the role of Professor. Linda becomes one of the first Māori women in psychology to achieve this level of academic excellence and recognition.

Professor Nikora delivered her inaugural professorial lectures at the University of Waikato, and during the Healing our Spirits conference. A key theme of the address was that Māori connectedness enables us to respond to the changing pace of the world around us. A strong sense of who one is and that one's life matters is vital to health and wellbeing.

Without meaning and belonging, many people, families and communities lie open to the risk of mental illness, addiction, transience, criminality, and suicide.

Surveying almost 30 years of research, Professor Nikora examined some of these forces in her lecture and the responses Māori make within the broader quest to remain indigenous and to flourish.

*L-R. Dr Waikaremoana Waitoki, Jessica Gosche, Dr Bridgette Masters-Awatere, Prof. Ngahuia Te Awekotuku, Prof. Linda Waimarie Nikora, Prof. Patricia Dudgeon and Pare Harris.*



A video link to the address can be found on the University's youtube post, <https://www.youtube.com/watch?v=OuQH84KVJnw>

## PROFILE: HORIANA JONES

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### **MPRU Scholarship Recipient, 2015**

Thesis title: **Rock-a-bye Baby**

Supervisors: **Dr Carrie Cornsweet Barber & Professor Linda Nikora**

Kia ora my name is Horiana Jones. I am currently working through the final year of my master's thesis alongside my first year in the clinical psychology programme at the University of Waikato. I have been a part of MPRU since I started my postgraduate diploma, and their support has been pivotal to my success as a student. I am also a mother of a healthy 3 year old girl. I plan to be registered as a clinical psychologist and use the knowledge I have gained over the years to give back to Te Ao Māori.



My research explores the sleep practices Māori parents are implementing with their babies (up to 2 years of age), and to explore where parents receive/seek advice from, and how it affects their perceptions of infant sleep (e.g., Plunket, antenatal groups, health professionals, whanau or friends).

Existing research shows that Māori families living in a nuclear family structure are more in line with western, biomedical, understandings of infant care practices that promote rigid routine consistency, separate sleep, autonomy, and sleep consolidation from a young age. These findings do not reflect traditional Māori practices that promote responsiveness to baby's cues, shared parenting, and co-sleeping.

My research is a part of a wider international study that explores infant sleep amongst various ethnicities and cultures. This research uses mixed methods. The quantitative component of this research was administered via a self-completion questionnaire/survey. The survey has provided valuable insight into Māori parent's perceptions of their babies sleep. We have had over 550 people access the survey, with 60 of them being Māori. The qualitative aspect of this research was conducted through semi-structured interviews with 10 key informants. I am currently in the process of analysing the findings and intend to present at conferences and to submit a paper for publication.

Words of wisdom: Do your readings. Use the supports around you. Network!

## PROJECT REVIEW

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### THE CONTRIBUTIONS OF MĀORI KNOWLEDGE TO AN INDIGENOUS PSYCHOLOGY

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**Investigators:** Dr Waikaremoana Waitoki, Associate Professor Linda Waimarie Nikora and Professor Patricia Dudgeon (University of Western Australia, Perth).

**Grant Agency:** Ngā Pae o te Māramatanga.

**Status:** Completed, Dec 2015.



#### OBJECTIVES

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This 2 year project proposed to (a) identify culturally appropriate standards of practice for psychologists who work with Māori, including traditional and non-traditional cultural practice, (b) identify the concepts and underlying theory and practice implications of Māori cultural practices that are being used in therapeutic encounters, (c) investigate the relevance of those practices and concepts to the improvement of Māori needs, and (d) develop those concepts and practices into a theory and practice-based psychology curriculum for the health workforce to advance the development of an indigenous psychology.

This project sought to explore that space held by Māori psychologists to learn from their experience and success in using Māori cultural practices and that work positively for Māori in therapy. Fifteen Māori psychologists (key informants) from Ōtepoti (Dunedin), Ōtautahi (Christchurch), Pōneke (Wellington), Turanganui (Gisborne), Ahuriri (Napier) Kirikiriroa (Hamilton) and Tamaki Makaurau (Auckland) gathering quality narratives of uniquely indigenous therapeutic work with Māori clients. The experience between the psychologists ranged from 10-25 years.

The ways that the psychologists work with Māori revealed uniquely Māori epistemologies: the exploits, challenges and insights provided by pūraku (oral histories) intrinsic to Māori knowledge such as the creation story of Ranginui and Papatūānuku, Tāwhaki's ascent to the Rangitūhāhā (the celestial heavens) to retrieve the baskets of knowledge required for humanity's growth and development. A strong theme that emerged was that Māori psychologists incorporate the separation story as therapeutic guides for Māori clients. Other pūrakau included Tane Mahuta's incestuous abuse of his daughter, Hinētītama and her subsequent humiliation and descent into Rarohenga (the underworld).

Hinētītama-as-Hine-nui-te-pō became a powerful healing guide for women who experienced sexual and violent trauma and inspiration for them to provide a secure home for their children. The story of Mataora and Niwareka provides exciting glimpses into the world of moko (tattoo) and concepts of whānau ora. While the story of Mataora is

typically used to describe how moko came from another realm to the earthly realm, it is critically a story of healing from intimate partner violence.

Further narratives explored include Tāwhaki's ascent as a guiding metaphor for clients to pursue their goals despite the adversities they may encounter along the way and to seek support and encouragement from whānau and friends in the same way that Tawhirimātea (the God of the Elements) provided support when Whiro (the God of Destruction) sent his ngārara (creatures, insects) to hinder Tāwhaki's ascent. The pūrakau stories underpinning mātauranga Māori is a valuable and unexpected finding despite it being well known in Māori psychology circles highlighting that although the literature from Kaupapa Māori psychology spaces is limited, pūrakau is being used.

The study also found that tikanga and kawa practices unique to Māori were also being used to engage, assess and treat clients. The type of Māori-cultural processes used include: whakawhanaungatanga to assess identity, iwi, hapū, and whānau links; to settle clients, or to engage clients in therapy. The use of te reo (Māori language) was commonly seen in greetings, karakia, pēpeha, mihimihi, karakia, pōwhiri, poroporoaki, whakatau and waiata. Each of these processes were used in some way to heal clients and their whānau. For example, Māori psychologists talked about how wairuatanga (spirituality) and matekite abilities (seer) provided them valuable insights and connections with rangatahi (youth) tamariki (children) pakeke (adults) and kaumatua (elders).



The challenge now is to further explore that knowledge and extend our learning, so that an indigenous curriculum can be developed and taught as a viable pathway into registration as a psychologist. We argue that a Kaupapa Māori Psychologist pathway distinguishes our practice from mainstream, Eurocentric psychology and may provide better outcomes for our people.

*Te Rerenga Wairua – Cape Reinga, Northland. Converging waters symbolising the joining of male and female elements.*

## LIBERATING PSYCHOLOGIES: MĀORI MOVING FORWARD

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**Principal Investigators:** Professor Linda Waimarie Nikora, Dr Waikaremoana Waitoki, Bridgette Masters-Awatere, and Mohi Rua. Interns: Stacey Ruru, Horiaana Jones. Supervised by Jessica Gosche.

**Grant agency:** Ngā Pae o te Māramatanga (10,000).

**Status:** Completed. Feb, 2015.

### OBJECTIVES

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The purpose of this project is for interns to experience the ethos of the Māori & Psychology Research Unit and the culture of research excellence; enhance their knowledge of indigenous psychology; inform the process of indigenising psychology; and to engage in the task of energising an indigenous Māori psychology. Two psychology students were appointed to the summer internship: Stacey Ruru and Horiaana Jones. Stacey began her Master's in organisational psychology with a focus on Māori women in leadership roles; while Horiaana is completing her thesis part-time with a focus on how Māori parents implement sleep practices. Both Stacey and Horiaana are active in generating research ideas and wrote a research proposal for funding. Located on campus at the Māori & Psychology Research Unit, they were involved in reading and deconstructing selected chapters from the publication "Toward Psychologies of Liberation".

Stacey and Horiaana also engaged in discussions with MPRU researchers to generate concepts and ideas from the New Zealand/Aotearoa/Indigenous context that parallel the ideas referred to in this liberating psychologies publication. Outputs included assembling New Zealand/Aotearoa/Indigenous exemplars into an indexed digital repository and writing summaries of each allocated chapter that pointed the reader to Māori /Indigenous expressions of a psychology of liberation and transformation. Stacey and Horiaana were supervised by Linda and Waikaremoana however, their daily supervision was undertaken by Jessica Gosche. The research proposal they developed was designed for the continued development of indigenous psychological knowledge and to inform the teaching content for undergraduate and graduate students in psychology.

The reports can be found here:

<http://www.maramatanga.co.nz/project/liberating-psychologies-m-ori-moving-forward>

**Research Excellence**

**Title: Challenge, choice, control, and coping: A model for managing change and maintaining wellbeing in the transition to parenting**

**Investigators:** Carrie Cornsweet Barber, PhD. Bridgette Masters-Awatere, PhD. Perinatal Mental Health Research Group and Māori Psychology Research Unit.



One of the most challenging transitions in the lives of many people is becoming a parent. Over the last two decades, extensive research has been conducted on the impact of stress in pregnancy, and studies have found that high levels of stress are associated with negative outcomes for both the mother and the developing child (Charil et al., 2010; Glover, 2014). A few studies have looked at the effects of strategies such as exercise, meditation, music, and relaxation training in pregnancy, and these results are promising, but preliminary (Barber, 2012).

Formal perinatal mental health services provide treatment for serious emotional disorders, but these services are not staffed or designed to provide support for mild to moderate depression and anxiety, and many parents who are struggling are reluctant to engage with mental health services. Often, it is difficult for the new parent, as well as for the whānau and health professionals around the parent, to know whether distress is part of the normal process of adapting to parenting, or more worrisome and enduring.

Ideally, the parent can be supported and provided with strategies that anticipate and prevent more serious difficulties. If significant depression, anxiety, or other psychological disorder is contributing to the struggle, then identifying the problem and connecting with appropriate services will be important to preventing further impairment in personal and parenting functioning.

The CCCC model is a framework for helping parents to identify their *challenges*, make *choices* that promote healthy development for themselves and their children, focus on aspects of their lives they can *control*, accept and manage those aspects they cannot, evaluate their *coping* strategies, and develop a menu of options for managing stress that they can use as they meet the challenges of pregnancy and early parenting. One of the underlying principles of the CCCC model is that people differ in their preferences and styles, and no single strategy or solution is likely to be effective for all people. Therefore, it makes sense to develop a variety of ways to provide this intervention.

We are currently developing a mobile phone app (tentatively titled Positively Pregnant) which provides self-assessment, guided activities, and information about psychosocial aspects of the transition to parenting. We are also developing a psychoeducational group approach, which could be offered during pregnancy, ideally soon after the pregnancy is

identified. A third avenue is training in the model for maternity and primary care professionals who are the front line in serving pregnant women and new families. At this point, we have been successful in securing funding to develop and pilot the content and materials for these approaches. This involves:

- Developing content and materials (e.g., handouts, assessment tools) for all three approaches to programme delivery
- Implementing and evaluating the psychoeducational group for parents (for delivery in conjunction with antenatal classes provided by Maternal Journey at River Ridge East Birth Centre)
- Continued development of the mobile phone app, including programming, design, and development of audio-visual resources (e.g., guided imagery narration)
- Piloting and evaluation of a professional training programme in the model, with written and multimedia resources, targeted for general practice and obstetric physicians and nurses, midwives, and antenatal educators.



Following this programme development and piloting phase, we will undertake a broader, controlled study of the effectiveness of the model for improving coping and wellbeing during the transition to parenthood. Later work may also extend the approach to managing stress and maintaining wellbeing during other life transitions such as study to work transition, diagnosis of chronic illness, and retirement.

### References:

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- Charil, A., Laplante, D. P., Vaillancourt, C., & King, S. (2010). Prenatal stress and brain development. *Brain Res Rev*, 65(1), 56-79.
- Glover, V. (2014). Maternal depression, anxiety and stress during pregnancy and child outcome; what needs to be done. [Review]. *Best Pract Res Clin Obstet Gynaecol*, 28(1), 25-35.

*Pictured: Sapphire Masters*

## INTERNATIONAL COLLABORATIONS

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### AUSTRALIAN INDIGENOUS PSYCHOLOGY

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The Office for Learning and Teaching (OLT) has funded a collaborative project team lead by Professor Pat Dudgeon, University of Western Australia, Charles Sturt University - to investigate curricular approaches to increasing cultural competence and Indigenous participation in psychology education and training. The project is referred to as the Australian Indigenous Psychology Education Project (AIPEP). Associate Professor Linda Waimarie Nikora and Dr Waikaremoana Waitoki are reference group members.

AIPEP draws on the perspectives of university educators and Aboriginal and Torres Strait Islander support staff, psychology students, employers and Indigenous psychologists in order to increase recruitment and retention of Indigenous psychology students, integrate Indigenous studies in psychology courses for all students, and facilitate training pathways for Indigenous mental health workers.

*...“higher education to become a natural pathway for Aboriginal and Torres Strait Islander people. Success in higher education will lay the foundations for an Aboriginal and Torres Strait Islander professional class that can contribute to closing the gap and to Australia’s broader wellbeing and economic prosperity”.<sup>1</sup>*

This art represents life, learning and acquiring and passing down knowledge. Alta Winmar is a Balladong/Koreng Noongar woman living in Perth, Western Australia. She is a Noongar artist who has exhibited works in Western Australia and art pieces in other parts of the world. The Australian Indigenous Psychology Education Project (AIPEP) draws on the perspectives of psychology academics and students,



Aboriginal and Torres Strait Islander psychologists and leaders of university Indigenous education centres, with the aim of maximising:

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<sup>1</sup> (Behrendt, Lark, Griew & Kelly (2010), *Review of Higher Education Access and Outcomes for Aboriginal and Torres Strait Islander People*, p.xi).

- ✖ Recruitment and retention of Indigenous psychology students
- ✖ Indigenous content and cultural competency training for all students in psychology
- ✖ Relevant competency training for psychologists working with Aboriginal and Torres Strait Islander people.

The project team report that they have been well supported by a wide range of key stakeholders, research participants, and members of the AIPEP National Reference Committee members. Professor Jeannie Herbert, Dr Jillene Harris, Macquarie University - Associate Professor Judi Homewood, University of New South Wales - Associate Professor Jacky Cranney, University of Notre Dame - Associate Professor Dawn Darlaston-Jones, Western NSW Local Health District - Dr Russell Roberts, Australian Psychological Society - Dr Sabine Hammond, and Ms Heather Gridley.

In April 2015, the project team travelled to Perth, Western Australia to meet with Professor Patricia Dudgeon and Associate Professor Dawn Darlaston-Jones and members of the Australian Indigenous Psychological Association (AIPA). The project team presented a symposium at this conference with MPRU staff and students. At the Perth meeting, the project team developed a proposal for an edited indigenous psychology book and have since engaged a publication company and begun negotiations on the content, target audience and authors. We expect to begin writing this book in 2016.



*L-R AProf Dawn Darlaston Jones, Professor Patricia Dudgeon and Professor Linda Waimarie Nikora. Perth, Western Australia. Artwork: Dryerlayer.com*

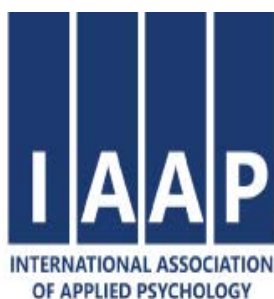
## UPDATE: INTERNATIONAL PROJECT ON COMPETENCE IN PSYCHOLOGY

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Waikaremoana continues as a working group member on the project that began in Sweden, 2013. To date she provided extensive feedback on the development of the project to international and national psychology associations.

*The International Declaration of Core Competences in Professional Psychology identifies a set of internationally recognized and endorsed competences that serve as the foundation for a coherent global professional identity and possibly an international recognition system for equating professional preparation systems, program accreditation, professional credentialing, and regulation of professional conduct.*

The working party is supported by the International Association for Applied Psychologists (IAAP) and the International Union of Psychological Science (IUPsyS). The committee is also supported by the Norwegian Psychological Society, the International Test Commission, the New Zealand Psychological Society, the Association of Psychological



Norwegian  
Psychological Society



Practice Board, the Chinese Psychological Society, the Colombia Psychological Society, the South African Psychological Society and the Canadian Psychological Society. The working party is supported by a reference group consisting of members from 70 associations around the world.

In 2015, the working party met in Auckland in February at the University of Auckland. The meeting was attended by the New Zealand Psychological Society, the New Zealand Psychologists Board and the College of Clinical Psychologists. Professor Angus Macfarlane and Mr Kuni Shepard (kaumatua) conducted the whakatau for the international visitors, who commented that the whakatau was a significant experience for them. The meeting produced a 2nd draft for dissemination and feedback from the reference group, with a further meeting scheduled for Milan, Italy in July 2015 at the International Congress of Psychology (ICP) Conference.

At the Milan ICP conference a 3<sup>rd</sup> draft for discussion and dissemination. Waikaremoana was also invited to speak at this conference as part of an invited symposium to discuss progress on the *International Declaration of Ethics for Psychologists* (2008). Dr Mohi Rua, Professor Darrin Hodgetts and Dr Shiloh Groot also attended the Milan conference and presented the results of their Ngā Pae research. *When working with homeless Māori men (indigenous people of New Zealand), relationships first, research second.*

The working party meet in Beijing, China on February 7<sup>th</sup>–9<sup>th</sup> 2016 to discuss feedback on the 3<sup>rd</sup> draft with funding to attend provided by the New Zealand Psychological Society. Waikaremoana met with the Executive members of the Chinese Psychological Society and the Institute which provided opportunities to extend research collaborations.

**International Project on Competence of Psychology  
Work meeting with Chinese Psychological Society**

Beijing, China February 4, 2016



Dr Jie Zhong, Professor Jianxin Zhang (Chinese Psychology Society), Emeritus Professor Kan Zhang, Emeritus Professor Janel Gauthier (Canada), Dr Sverre Neilson (Norway) *chair*, Steve Osborne, New Zealand, AProf Dragos Illiescu (Romania), Dr Waikaremoana Waitoki, Dr Steve DeMers, AProf German Gutiérrez (Colombia), Professor Minyi Qian, Professor Xun Liu, and Professor Buxin Han (Beijing, Chinese Academy of Sciences) *host*.

The International Competency Declaration is due to be launched in Yokohama at the International Congress of Psychology Conference, 24<sup>th</sup>-29<sup>th</sup> July. Along with the committee, Waikaremoana is part of a symposium that discusses the process and relevance of the project for global psychology.

Dr Bridgette Masters-Awatere and Dr Mohi Rua will also attend the conference as part of an invited symposium: Title of *symposium Indigenous Psychology: charting the relevance of education and practice*. The symposium is a collaboration with the University of Notre Dame, the University of Western Australia, Massey, Palmerston North and the University of Auckland. Other speakers in the symposium include: AProf Kerry Gibson, (University of Auckland), Dr Hukarere Valentine & John Pahina (Massey University, Palmerston North) and AProf Sonja Macfarlane, (University of Waikato).

Professor Nikora and Waikaremoana will also deliver an invited address: *The claimed space in psychology: Māori indigenous knowledge in the lives of resilient peoples*.

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## MPRU SUPPORT FOR MĀORI IN PSYCHOLOGY

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### MĀORI FOCUSSED CONTENT IN PSYCHOLOGY COURSES: GAPS IN THE CURRICULUM

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As part of the Indigenous Project, MPRU commissioned Dr Michelle Levy to provide a 'state-of-play' analysis of bicultural content in psychology programmes across universities offering degrees in psychology with a focus on: (1) Current Māori psychology workforce; and (2) Inclusion of Māori focused content within university psychology department courses.

The findings of the 'state of play' report show that since 2003, there has been a decrease in bicultural course offerings across Universities. This is a significant finding as the Health Practitioners Competency Assurance Act, (2003) provides ample mechanisms for Universities to increase their bicultural course offerings. The report raises questions about how Universities are accredited when their Māori-focussed content is so low; and positions consumers of psychology as recipients of services that do not include Māori perspectives.

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### HE PAIAKA TOTARA

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At the New Zealand conference in August, 2015, the National Standing Committee on Bicultural Issues (NSCBI) held a plenary workshop titled, *he paiaka totara*, with Māori psychologists, academics, researchers and students. The focus was to discuss the fragmented nature of the Māori psychology workforce and to develop a support system across each region in the country.

The main issues that arose from the plenary session was:

1. The need for cultural supervision for Māori psychologists
2. The need for training for supervisors offering cultural supervision
3. The need for support for students in psychology programmes
4. The need for academic Māori staff to access support
5. The need for networks in regions across the country

Since the conference, NSCBI, working with MPRU staff, agreed to support the establishment of *he paiaka totara* as an ongoing network with satellite groups at Massey, (Dr Hukarere Valentine and Dr Natasha Tassell-Matamua) Waikato, Auckland, Victoria, Christchurch and Otago. A student group, *He Paiaka Tipu* is gaining momentum and is managed by Pare Harris and Horian Jones from the University of Waikato. Both groups have a vibrant facebook presence that is used to discuss a range of topics and upcoming events. A similar tauwi group was also created in response the need for bicultural support in psychology for practitioners and students. Dr Rose Black (Waikato District Health Board), Dr Ray Nairn (Auckland) and Rebecca Graham (Massey University) manage the group and set regular meetings. A marae noho, organised by Waikaremoana and Luke Rowe (College of Clinical Psychologists) is scheduled for July, 2016 in Palmerston North. The noho is an opportunity for Māori psychologists and student to participate in workshops that address the gaps noted in psychology training.



*L-R (Unknown student) John Pahina, (Massey University), Dr Julie Wharewera-Mika (Auckland), Dr Erana Cooper (Auckland), Dr Laura Howard (Palmerston North). Below L-R Dr Rebecca Wirihana (Whakatane), Clive Banks, (Wellington), Pare Harris (University of Waikato), Tahlia Kingi, (Victoria University).*



## STUDENT SUPPORT

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### GRADUATE & POSTGRADUATE STUDENTS

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Angus Elkington	Penny Raewi Payne
Anna Hill	Lisa Sharpe
Cushla Loomans	Kimberly Jackson
Daniella Diamond	Edward Theodorus
Keriata Paterson	Ishta Singh
Nicole Waru	Daniella Lee Smith
Bridgette Masters-Awatere	Sarah Usher
Neil Burton	Rebecca Pay
Stacey Ruru	Ann Lee Hill
Horiana Jones	Katherine Lee
Anne Louise Tapara	Nasalifya Namwinga
Nina Rakei	Sripriya Somasekhar
Juile Chatwin	Adrienna Ember
Veronika Lang	Gnei Cassim
Jessica Gosche	Jessica Suri
Jacinda Herring	Seth James
Tuihana Marsh	Rebecca Graham
David Anstiss	Amber Stapleton
Kiri Edge	Chris Beattie
Cherie Pepperell	Ruth Seabright

### MPRU 2015 SCHOLARSHIP RECIPIENTS

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#### **The MPRU awarded scholarships for 2015 to the following recipients:**

Kiri Edge (PhD)	Horiana Jones (Masters)
Pare Harris (PGDipPsych)	Angus Elkington (Masters)
Stacey Ruru (Masters)	Jessica Gosche (Masters)
Dr Adrienna Ember (PhD)	Makarita Tangitu-Joseph (Hons)
Sripriya Somasekhar (PhD)	Katherine Lee (Masters)
Nina Rakei (Masters)	Cherie Pepperell (Masters)
Anthony Lorigan (Hons)	Makarita Tangitu-Joseph

The MPRU graduates the largest cohort of Māori PhD and Masters' students in Aotearoa. These students benefit from our ongoing contact with the School of Psychology, the Faculty of Arts and Social Sciences, external research entities, community groups and other tertiary institutions.

MPRU are committed to developing the research capacity and capabilities of emerging scholars. We have assisted students by providing scholarships, research assistant jobs,

helping them to prepare oral and written papers and supported their attendance at Ngā Pae Indigenous Research Conference; He Manawa Conference, New Zealand Psychological Society Conference and the Australian Psychological Society Conference, Faculty conferences, and the Māori Toi o Matariki Graduate Conference. The students we mentor have won national paper competitions, summer internships, competitive scholarships, and have travelled overseas or been selected to fill committee roles, for example, Pare Harris is a student representative on the Henry Rongomau Bennett Scholarship Committee *Te Rau Matatini*. The MPRU also runs an annual symposium (2014-2015) for students to present their research in a supportive and encouraging environment.

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### MĀORI AND PSYCHOLOGY RESEARCH UNIT SYMPOSIUM

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As part of the MPRU Scholarship Programme and the goal of creating future scholars, students shared their knowledge, skill and experience with staff and colleagues of the School of Psychology. Students are enrolled in PhD, Master's and Honour's level papers work extremely hard to complete their degrees and the quality of their presentations were outstanding. MPRU was pleased to host Jhan Gavala and Pita King from Massey Albany as part of an inter-institution collaboration.

Students were encouraged to present their research results or to discuss their research journey and progress. Many students took a light-hearted approach resulting in laughter all around and an increased sense of whakawhanaungatanga and peer support. The symposium is particularly helpful for students who are new to the research environment or who have not presented in a forum beyond the classroom.

*L-R Pita King (Massey University) Dr Otilie Stolte, Jessica Gosche, Linda Waimarie Nikora, Adrienna Ember, Jhan Gavala (Massey University) Dr Mohi Rua, Dr Bridgette Masters-Awatere, Horiana Jones, Stacey Ruru, Pare Harris and Dr Waikaremoana Waitoki.*



## STUDENT SUCCESS

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MPRU congratulates to Stacey Ruru and Jessica Gosche (*pictured left to right*) who shared the School of Psychology's James Ritchie Fellowship which they used to attend the 50th APS Annual Conference: Golden Jubilee: *Celebrating the past, looking toward the future*, held at Gold Coast, Australia in September, 2015

Stacey Ruru who was the recipient of the New Zealand Psychological Society's Karahipi Tumuaki (President's Scholarship) which includes membership to the Society and \$3000. Stacey is required to present at the annual conference which she did in August, and to submit a paper for publication.

Jessica presented the preliminary findings of her Master's thesis: *Barriers and supports to the access of justice for Pasifika women affected by domestic violence*. Stacey presented her thesis topic: *Māori women leadership and their perspectives on wellbeing*.

Both students were well received and appreciated by the audience. The conference was a great opportunity to meet indigenous psychologists from Australia and to share research findings. Similar conferences may not be possible in future as the cost of attending has risen significantly.



## 2015 RESEARCH OUTPUTS

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In total the MPRU is able to report **60 research outputs** for the 2015 year. These outputs include peer reviewed articles, articles under review, books, book chapters, technical/commissioned reports, invited presentations, conference presentations, completed student theses and professional appointments.

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### JOURNAL ARTICLES

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1. Brougham, D., Haar, J., & **Roche, M.** (2015). Work-family enrichment, collectivism, and workplace cultural outcomes: A study of New Zealand Māori. *New Zealand Journal of Employment Relations*, 40(1), 19-34.  
<http://search.informit.com.au/documentSummary;dn=034773254783532;res=IELNZC>
2. Furness, J., **Nikora, L. W.**, Hodgetts, D., & **Robertson, N.** (2015). Beyond ethics to morality: Choices and relationships in bicultural research settings. *Journal of Community and Applied Social Psychology*, online, 14 pages. doi:10.1002/casp.2239
3. Hayman, J., & **Roche, M.** (2015). [Editors] *NZ Journal of Human Resources Management: Workplace Bullying Special Issue*. 14(2), 103 pages. Retrieved from [http://www.nzjhrm.org.nz/Site/Articles/2014\\_Folder/Summer\\_2014.aspx](http://www.nzjhrm.org.nz/Site/Articles/2014_Folder/Summer_2014.aspx)
4. King, P., Hodgetts, D., **Rua, M. R.**, & Te Whetu, T. (2015). Older men gardening on the marae: Everyday practices for being Māori. *AlterNative: an international journal of indigenous scholarship*, 11(1), 14-28.
5. **Masters-Awatere, B.** "That's the price we pay": Kaupapa Māori Programme stakeholder experiences of external evaluation. (PhD, University of Waikato).
6. **Masters-Awatere, B.**, **Nikora, L. W.**, **Waitoki, W.**, & **Rua, M.** (Under review). Journal of Critical Psychology, Counselling and Psychotherapy: *Special Edition on Indigenous Psychology*.
7. **Stolte, O.**, Hodgetts D. (2015). Being healthy in unhealthy places: Health tactics in a homeless lifeworld. *Journal of Health Psychology* 20(2):144-153 2015 (Journal)
8. **Roche, M. A.**, Haar, J. M., & Brougham, D. (2015). Māori leaders' well-being: A self-determination perspective. *Leadership, OnlineFirst*, 1-15.  
doi:10.1177/1742715015613426
9. **Roche, M. A.** (2015). *Introduction*. *New Zealand Journal of Human Resources Management*, 15(2), 94.
10. **Roche, M. A.**, & Haar, J. M. (2015). The influence of leader's organizational citizenship behaviors and counterproductive work behaviors on employee wellbeing: A multilevel investigation. *International Journal of Administration and Governance*, 1(13), 10-18.
11. **Rua, M. R.** (2015). Responding to racialized stereotypes -- Māori men's interconnected self and health. In *Auckland Metro Police: Māori Pacific Ethnic Internal Support Network*.

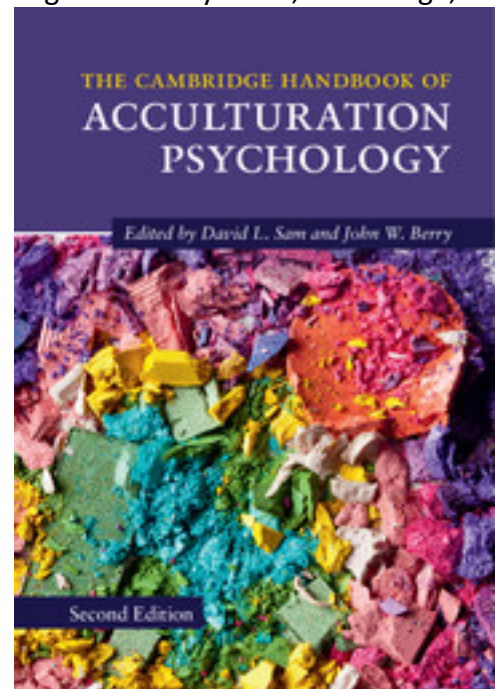
12. Sharp, L., **Roche, M.**, & Cable, D. (2015). Retaining the authentic self in the workplace: Authenticity and work engagement in the mass-service industries. *New Zealand Journal of Human Resources Management*, 15(2), 119-133.
13. **Tamatea, A.** (2015). The problem with 'the problem with gangs': Reflections on practice and offender desistance. *Practice: The New Zealand Corrections Journal*, 3(1), 33-36.
14. **Tamatea, A. J.**, & de Jong, D. (2015). Planet of the apps: Prognostications of Smartphone and mobile technologies for clinical psychology in Aotearoa. *Psychology Aotearoa*, 7(1), 48-51.
15. **Tamatea, A. J.** (2015). 'Biologizing' psychopathy: Ethical, legal, and research implications at the interface of epigenetics and chronic antisocial conduct. *Behavioral Sciences and the Law*, 33(5), 629-643. doi:10.1002/bsl.2201
16. Dudgeon, P., **Waitoki, W.**, LeMay, R., & **Nikora, L. W.** (2016) (Academic Editors). Social inclusion and indigenous peoples": *Journal of Social Inclusion*. 4,1 <http://www.cogitatiopress.com/ojs/index.php/socialinclusion/issue/view/36>

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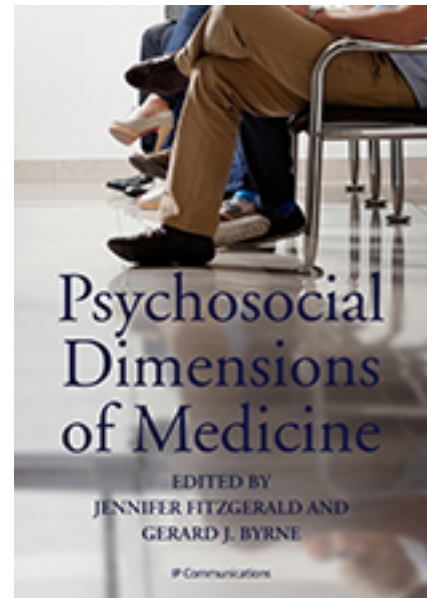
#### BOOK CHAPTERS, CONFERENCE PROCEEDINGS & THESES

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17. Dudgeon, P., Darlaston-Jones, D., **Nikora, L. W.**, **Waitoki, W.**, Pe-Pua R, Tran., & L, Rouhani, L. (2016). Indigenous peoples. *The Cambridge Handbook of Acculturation*. Editors: Sam DL, Berry JW. 2nd: 115-113. Cambridge University Press, Cambridge, UK (Chapter)
18. Groot, S., Hodgetts, D., **Nikora, L. W.**, **Rua, M. R.**, & Groot, D. (2015). Pani me te rawakore: home-making and Māori homelessness without hope or a home. In M. Kepa, M. McPherson, & L. Manu'atu (Eds.), *Home: Here to Stay* (Vol. 3, pp. 55-67). Wellington, New Zealand: Huia Publishers.
19. Hodgetts, D., **Rua, M. R.**, King, P., & Te Whetu, T. (2015). The ordinary in the extra ordinary: everyday living textured by homelessness. In E. Schraube, & C. Hojholt (Eds.), *Psychology and the Conduct of Everyday Life* (pp. 124-143). Routledge.
20. Levy, M., & **Waitoki W.** [in press] Our Voices, Our Future: Indigenous Psychology in Aotearoa, In *Practice Handbook for Psychologists in Aotearoa New Zealand*. Editors: Waitoki, W, Feather, J, Robertson, N, Rucklidge, J. in press-in press. New Zealand Psychological Society, Wellington, New Zealand 2016 (Chapter)
21. **Masters-Awatere, B.** Culturally confluent evaluation: At the interface 10th Biennial Conference of Asian Association of Social Psychology, Conference held at Yogyakarta, Indonesia, 21 Aug 2013 - 24 Aug 2013. *Proceeding of the 10th Biennial Conference of*



- Asian Association of Social Psychology (Enhancing Quality of Life through Community Integrity and Cultural Diversity: Promoting Indigenous, Social and Cultural Psychology).*
22. **Masters-Awatere, B.** (2015). *"That's the price we pay": Kaupapa Māori Programme stakeholder experiences of external evaluation.* (Phd thesis). School of Psychology, University of Waikato.
  23. **Nikora, L. W.,** Hodgetts, D., Groot, S., **Stolte, O.,** & Chamberlain, K. (2016) Street health: Practitioner service provision for Māori homeless people in Auckland, In *Psychosocial Dimensions of Medicine*. Editors: Fitzgerald J, Byrne GJ. 220-231. IP Communications, Research, VIC, Australia (Chapter)
  24. **Rua, M.** (2015). Māori men's positive and interconnected sense of self, being and place. (PhD Thesis) School of Psychology, University of Waikato.
  25. Hodgetts, D., Cochrane, W., **Stolte, O.** (2015). *Scoping Study: Safer by design in Tauranga* (Commissioned by Tauranga City Council and Safer Cities Initiative). 64 pages (Report)
  26. **Waitoki, W,** Levy, M. [In press] Ka awatea In *E koekoe te tūi, e ketekete te kākā, e kūkū te kererū: Kaupapa Māori Psychologies in Aotearoa New Zealand*. Editors: Waitoki W, Levy M. P. 15-21. New Zealand Psychological Society, Wellington, New Zealand (Chapter)
  27. **Waitoki W., Nikora, L. W.** Ethical principles for work with indigenous peoples: The experiences of New Zealand Māori Journal of Pacific Rim Psychology (Under review) 03 Mar 2016 (Journal)
  28. **Waitoki, W, Nikora, L. W.,** Harris, P., & Levy, M. (2015). Reconnecting whānau: Pathways to recovery for Māori with bipolar disorder. In Proceedings of the International Indigenous Development Research Conference 2014 (pp. 147-154). Conference held at The University of Auckland, New Zealand: Ngā Pae o te Māramatanga.
  29. **Waitoki, W,** & Levy, M. (2015). [In Press] Indigenous Psychology: Te Ara a Tawhaki. In W. Waitoki (Ed.), *E koekoe te tūi, e ketekete te kākā, e kūkū te kererū: Kaupapa Māori Psychologies in Aotearoa New Zealand* (pp. in press).
  30. **Waitoki, W,** & Levy, L. (2015). *Māori Psychology Workforce & Māori-Focussed Course Content Review.* Māori and Psychology Research Unit. (Report).




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#### KEYNOTES & INVITED ADDRESSES

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31. Behnke, S. H., Hernández-Guzmán, L., Cooper, S., & **Waitoki, W.** (2015). Professional ethics, peoples, and social justice: How are they connected? In 14th European Congress of Psychology: Linking Technology and Psychology: Feeding the Mind, Energy for Life. Conference held at University of Milan-Bicocca, Milan, Italy.
32. **Roche, M.** (2015). [Invited talk] Lessons from Māori leaders in the development of

positive leaders in Aotearoa: Developmental concerns. In Presented to Te Rūnanga o Ngai Tahu Board of Directors, Christchurch, New Zealand.

33. **Roche, M.** (2015). [Invited talk] Lessons from Māori leaders in the development of positive leaders in Aotearoa: A two fold investigation. In Presented to Industrial and Organisational Psychology Group, Christchurch, New Zealand.

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#### CONFERENCE PRESENTATIONS

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34. Barber, C., & **Masters-Awatere, B.** Challenge, choice, control, and coping: Developing a model to help parents manage the transition to parenting. New Zealand Psychological Society Annual Conference 2015: *Te Ao Tūroa: The world in front of us*, Conference held at University of Waikato, Hamilton, New Zealand, 28 Aug 2015 - 31 Aug 2015. (Conference)
35. Gosche, J., **Robertson, N., Masters-Awatere, B.** Barriers and supports to the access of justice for Pasifika women affected by domestic violence New Zealand Psychological Society Conference 2015: *Te Ao Tūroa: The World in Front of Us*, Conference held at University of Waikato, Hamilton, New Zealand, 28 Aug 2015 - 31 Aug 2015. (Conference)
36. Gosche, J., **Masters-Awatere, B., & Robertson, N.** Barriers and supports to the access of justice for Pasifika women affected by domestic violence 50th APS Annual Conference: *Golden Jubilee: Celebrating the past, looking toward the future*, Conference held at Gold Coast, Queensland, Australia, 29 Sep 2015 - 02 Oct 2015. (Conference)
37. Haar, J., Greenhaus, J. H., **Roche, M.**, & Ziegert, J. C. (2015). Work-family conflict and contagion of depression from leaders to followers. In 30th Annual Conference of the Society for Industrial and Organizational Psychology (SIOP). Conference held at Philadelphia, Pennsylvania.
38. **Masters-Awatere, B., Nikora, L. W., Waitoki, W, Rua, M., & Te Awekotuku, N.** (2015). Putting it in there: "PSYC575 Indigenous Psychologies" as a for-credit university paper in New Zealand. In 50 years of APS Annual Conferences; Golden Jubilee: *Celebrating the past, looking toward to the future*. Conference held at Gold Coast, Queensland, Australia.
39. **Masters-Awatere B.** A critical analysis of the place of culture in evaluation Aotearoa New Zealand Evaluation Association (ANZEA) Conference: *Navigating Evaluation Making waves in Aotearoa and across the Pacific*, Conference held at Waipuna Hotel, Mt Wellington, Auckland, New Zealand, 06 Jul 2015 - 09 Jul 2015. (Conference)
40. **Masters-Awatere B.** An excluded worldview: Kaupapa Māori programmes and external evaluations New Zealand Psychological Society Annual Conference: *Te Ao Tūroa: The World in Front of Us*, Conference held at University of Waikato, Hamilton, New Zealand, 28 Aug 2015 - 31 Aug 2015. (Conference)
41. **Masters-Awatere, B., Awatere, S., Nikora L. W., Robertson N.** Indigenous service programs plus indigenous evaluator equals Whitestream evaluation - What's wrong with this picture? (Reflections from my PhD) 50 years of APS Annual Conferences; *Golden Jubilee: Celebrating the past, looking toward to the future*, Conference held at Gold Coast, Queensland, Australia, 29 Sep 2015 - 02 Oct 2015. 2015 (Conference)

42. **Masters-Awatere, B.**, Diamond K. Me titiro ki nga raranga i makere: We should also look at those stitches which have been dropped, because they also have a message *Kingitanga Day*, Conference held at University of Waikato, Hamilton, New Zealand, 17 Sep 2015 - 17 Sep 2015. (Conference)
43. **Nikora, L. W.** (2015). Leadership in motion. In *Women in Leadership Day*, University of Waikato, Hamilton, New Zealand.
44. **Nikora, L. W.** (2015). *Māori Flourishing in a Fast Changing World* - Inaugural Professorial Address. In University of Waikato, Gallagher Academy of Performing Arts, Hamilton, New Zealand (pp. 1-9).
45. **Nikora, L. W., Masters-Awatere, B., Waitoki, W, Rua, M., & Te Awekotuku, N.** (2015). Putting it in there: "PSYC575 Indigenous Psychologies" as a for-credit university paper in New Zealand. In 11th Biennial Conference of Asian Association of Social Psychology and 52nd Annual Convention of the Psychological Association of the Philippines (PAP): "Asian Societies in the Midst of Change". Conference held at Cebu City, Philippines.
46. O'Driscoll, M. P., Bentley, T., Catley, B., Cooper-Thomas, H., Gardner, D., **Roche, M. A.**, . . . Trenberth, L. (2015). Workplace bullying and cyber-bullying: Do organisational support, psychological capital and work engagement ameliorate negative effects? In New Zealand Psychological Society Conference 2015: *Te ao tūroa: The world in front of us*. Conference held at University of Waikato, Hamilton, New Zealand.
47. Payne P, **Robertson N.** A formative evaluation of the Waikato Family Safe Network Pilot (Report for Family Safe Network) 2015. University of Waikato, Hamilton, New Zealand. 53 pages (Report)
48. **Rua, M.**, Hodgetts, D. Māori men's health: Relational and interconnected sense of self. *Healing Our Spirit Worldwide: The Seventh Gathering*, Conference held at Claudelands Event Centre, Hamilton, New Zealand, 15 Nov 2015 - 19 Nov 2015. (Conference)
49. **Rua, M.**, Hodgetts, D., Groot, S., King, P., & Te Whetu T. When working with homeless Māori men (indigenous people of New Zealand), relationships first, research second. 14th *European Congress of Psychology (ECP)*, Conference held at Milan, Italy, 07 Jul 2015 - 10 Jul 2015. 2015 (Conference)
50. **Rua, M.** Responding to racialized stereotypes -- *Māori men's interconnected self and health Conference* held at Te Mahurehure Marae, Auckland, New Zealand. 2015 (Oral presentation)
51. **Rua, M.** (2015). Māori men's positive and interconnected sense of self, being and place. (PhD Thesis, University of Waikato). Retrieved from <http://researchcommons.waikato.ac.nz/bitstream/handle/10289/9440/thesis.pdf?sequence=3&isAllowed=y>
52. Ruru, S., **Roche, M.**, & **Waitoki, W** (2015). Māori women leadership and their perspectives on wellbeing. In 50th APS Annual Conference: Golden Jubilee: *Celebrating the past, looking toward the future*. Conference held at Gold Coast, Queensland, Australia.
53. Ruru, S., **Roche, M.**, & **Waitoki, W** (2015). Māori women perspectives of leadership and wellbeing. In New Zealand Psychological Society Conference 2015: *Te ao tūroa: The world in front of us*. Conference held at University of Waikato, Hamilton, New

Zealand.

54. **Seiuli, B.** (2015). Pasifika suicide prevention: What do we know? In *Waka Hourua Māori & Pasifika Suicide Prevention Research Symposium*. Conference held at Waikato-Tainui College for Research and Development, Ngāruawahia, New Zealand.
55. **Seiuli, B.** (2015). Hookin' Up: Examining cultural and social factors influencing young people's personal relationships and mental health wellbeing. In *Cross Cultural Symposium – Counselling Across Contemporary Pacific*, University of Auckland. Conference held at Tāmaki Innovation Campus, University of Auckland, New Zealand.
56. **Seiuli, B.** (2015). (Keynote) Sopoia le va: Negotiating boundaries in talanoa research with Pasifika families. In *The 20th Cutting Edge Addiction Practitioners' Association Conference*. Conference held at Nelson, New Zealand.
57. Thakker, J., & **Tamatea, A.** (2015). Going straight. In NTE 2015 Research Forum (Department of Corrections National Training Event), Rotorua, New Zealand.
58. Towns, A., **Robertson, N.** Making sense of men's domestic violence against women New Zealand Psychological Society Annual Conference: *Te ao tūroa - The world in front of us*, Conference held at University of Waikato, Hamilton, New Zealand, 28 Aug 2015 - 31 Aug 2015. (Conference)
59. **Waitoki, W.** Cherrington, L., Wharewera-Mika, J. He Paiaka. New Zealand Psychological Society (NZPsS) Annual Conference 2015: Te Ao Tūroa: The World in Front of Us. Conference held at University of Waikato, Hamilton, New Zealand.
60. **Waitoki, W.**, & **Nikora, L. W.** (2015). Mātauranga Māori: Indigenous psychology in practice. In New Zealand Psychological Society (NZPsS) Annual Conference 2015: *Te ao tūroa: The world in front of us*. Conference held at University of Waikato, Hamilton, New Zealand.
61. **Waitoki, W.**, **Nikora, L. W.**, **Masters-Awatere, B.**, Black, R., & Nairn, R. (2015). Psychology's relationship with indigenous peoples in a global space: Perspectives from Aotearoa/New Zealand. In Australian Psychological Society Annual Conference. Conference held at Gold Coast, Australia.
62. **Waitoki, W.**, **Nikora, L. W.**, Dudgeon, P., Darlaston-Jones, D., Pe-Pua, R., Tran, L. N., & Rouhani, L. (2015). Acculturation and Indigenous peoples in Australia and New Zealand. In 11th Biennial Conference of Asian Association of Social Psychology and 52nd Annual Convention of the Psychological Association of the Philippines (PAP): "Asian Societies in the Midst of Change". Conference held at Waterfront Hotel, Cebu City, Philippines.
63. **Waitoki, W.**, **Nikora, L. W.** (2015). Indigenous knowledge and psychological practice: Challenging the dominance of western psychological knowledge. In He Manawa Whenua Indigenous Research Conference. Conference held at Claudelands Conference and Exhibition Centre, Hamilton New Zealand.



## TOWARDS 2016-17

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- ❖ Maintain and extend our working relationships through meaningful partnerships with research associates, collaborating communities and entities, and with national and international research and teaching institutions
- ❖ Support students through providing scholarships, research training, professional development and writing for publication opportunities
- ❖ Continue our contribution to the research environment with the goal of developing and supporting Māori potential
- ❖ Co-present with colleagues to further our contribution to indigenous spaces
- ❖ Facilitate opportunities to host Visiting scholars, Research Fellows, Post-Doctoral Fellows, Fulbright Scholars and visiting graduate students
- ❖ Enhance our engagement (real time and virtual) with Māori scholars across institutions, geographies and disciplines
- ❖ Support staff writing to disseminate their research through publications and presentations
- ❖ Enter a new phase of research excellence as we develop projects that we believe have a direct contribution to society.

*Previous pg. L-R Dr Bridgette Masters-Awatere, Professor Patricia Dudgeon, (unknown) Dr Waikaremoana Waitoki at the Healing our Spirit Worldwide conference. This page, signpost at Te Rerenga Wairua – used here to represent international collaborations.*



# Māori & Psychology Research Unit

## Annual Report 2015



THE UNIVERSITY OF  
**WAIKATO**  
*Te Whare Wānanga o Waikato*