

MIHI

E te manu kawē kī,
kōrihi tō mauri ora ki runga,
mauri ora ki raro.
Orokītia te rongō o te ata,
kia riro i te ia o te hau,
kia tere te waitī
o hine whakaewarangi,
kia tere te waitā
o tama whakaahurangi;
kaweā ngā tini kōrero kia tīnā
ki ngā ngākau o rau tangata ora,
tihē mauri ora!

Nā Pou Temara