

Putting it in there: "PSYC575 Indigenous Psychologies" as a for-credit university paper in New Zealand

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Overview

- ▶ Foundations
- ▶ Challenges confronting Maori
- ▶ Health Policy and pathways for action
- ▶ Is there an adequate canon?
- ▶ Is there the committed staff?
- ▶ Curriculum design



Foundations for Indigenous Psychology

1. There are many psychologies in the world. Western Psychology is but one. It does not have all the answers to challenges that confront the world's peoples.
2. Indigenous knowing and world views are poised to contribute to the relief of suffering in their own communities and in their own relevant ways.
3. The indigenous psychology canon of published material has grown exponentially over the last 3 decades.
4. There are increasing numbers of experienced and capable academics to teach in the area.
5. Working responsively and respectfully with diverse peoples, including students, is an ethical responsibility.

New Zealand – Quick Stats

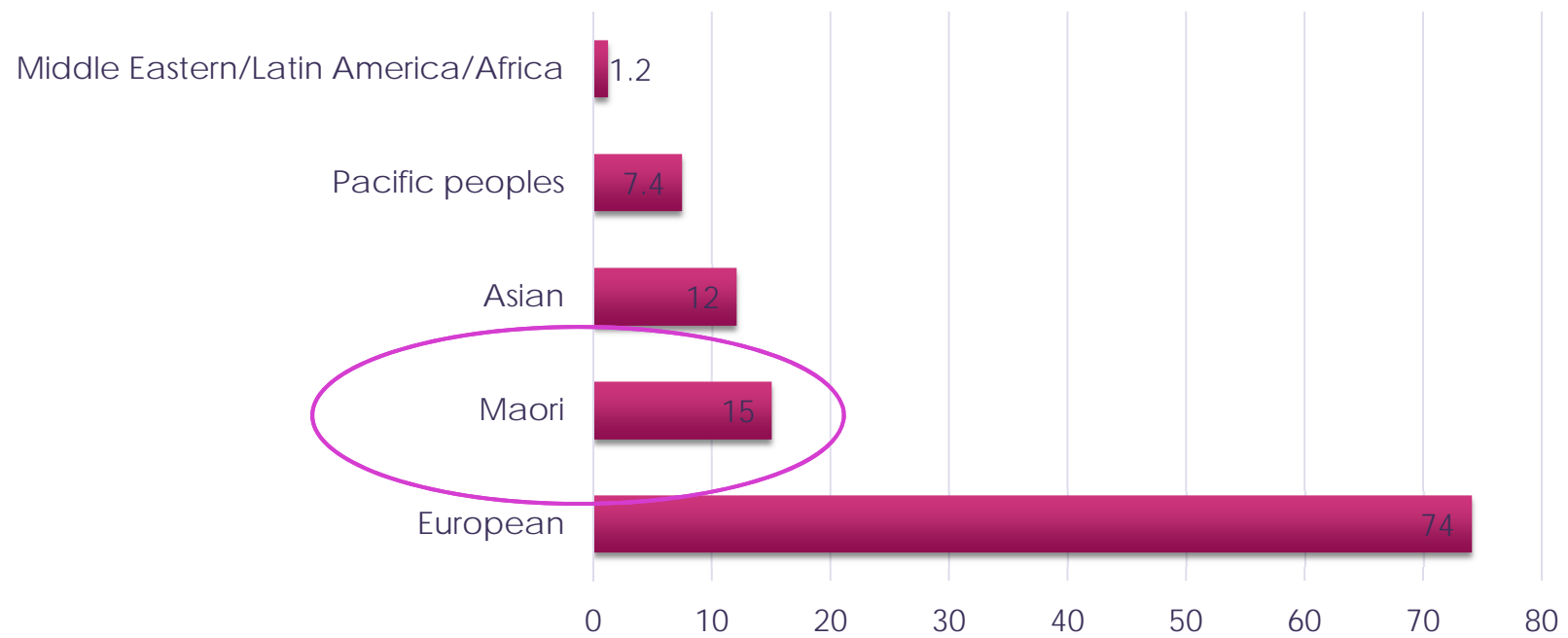
Population clock

4,608,093

as at Friday, 14 Aug 2015 at 04:06:28 p.m.

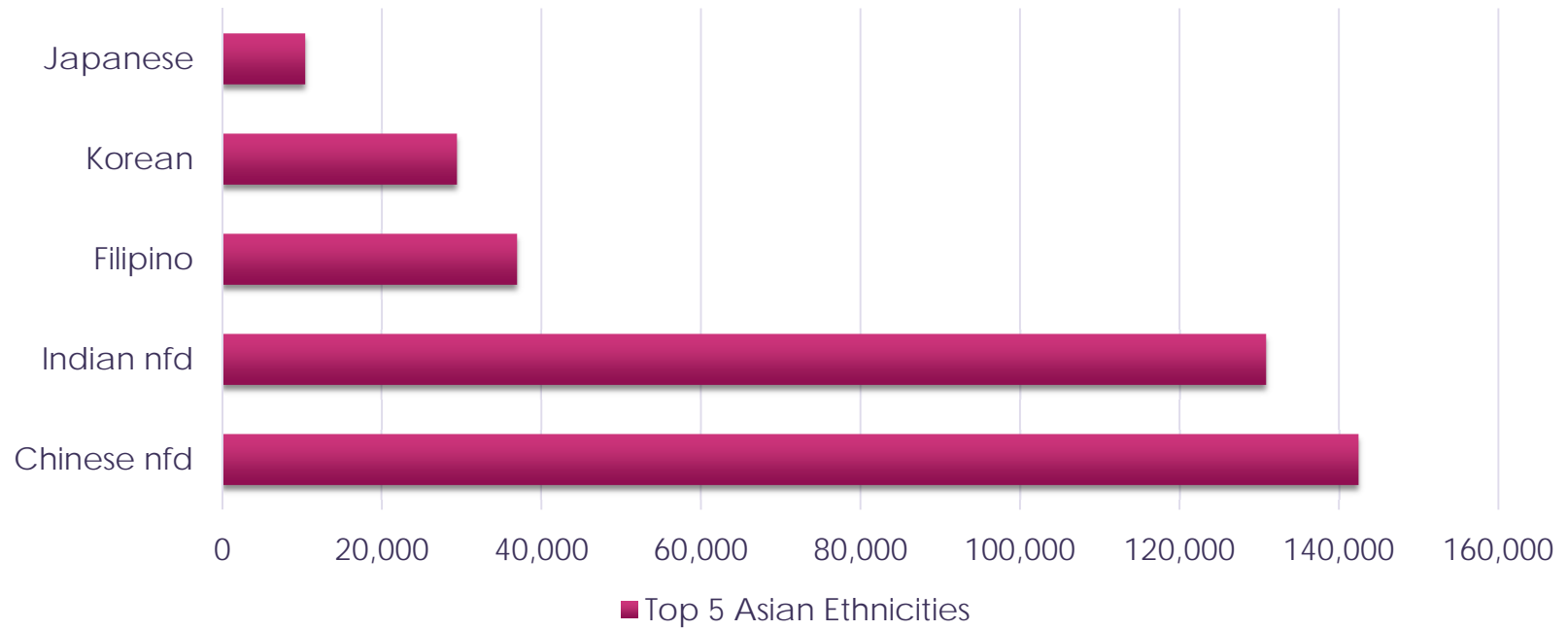
Ethnicity

NZ Ethnicity Percentages



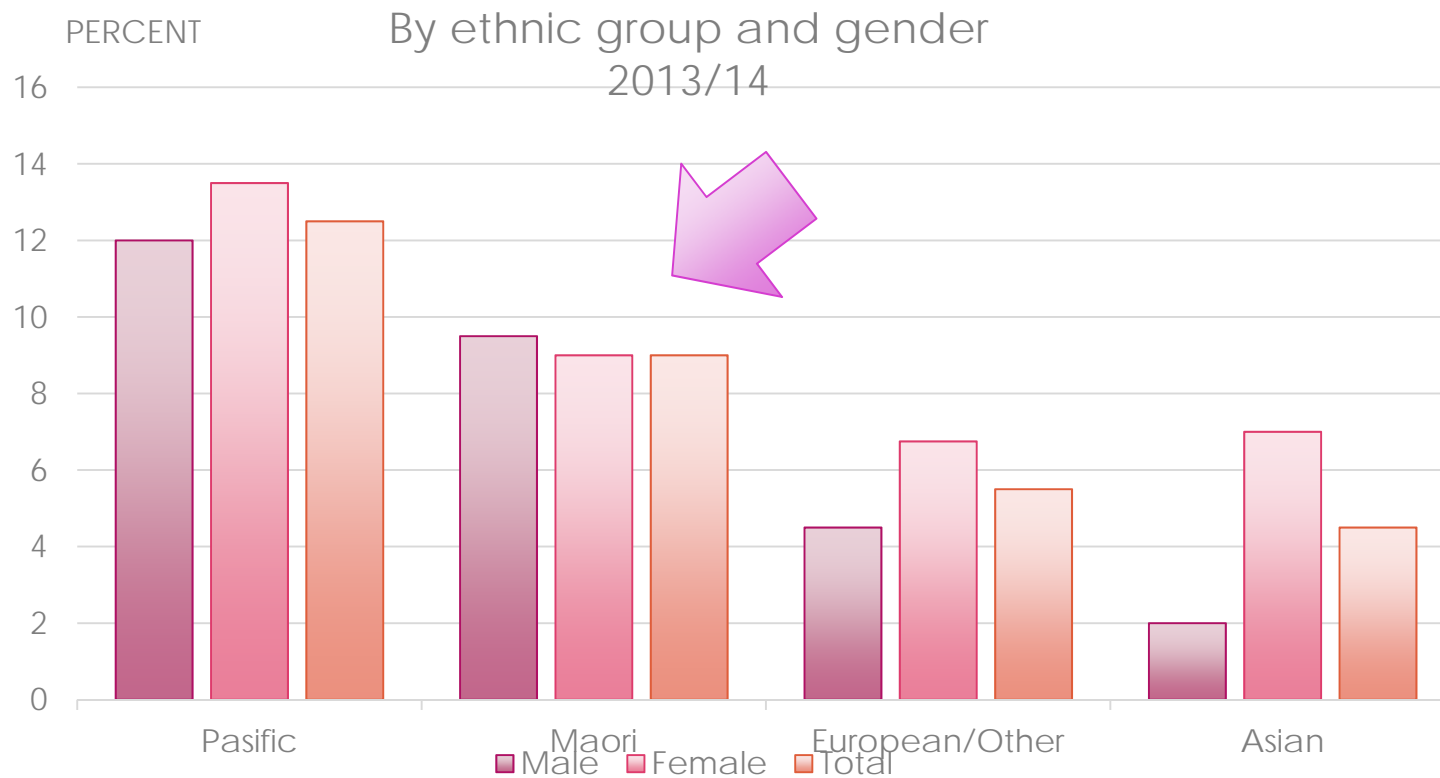
Asian Ethnicities

Top 5 Asian Ethnicities



Psychological Distress

Proportions of people with high levels of psychological distress

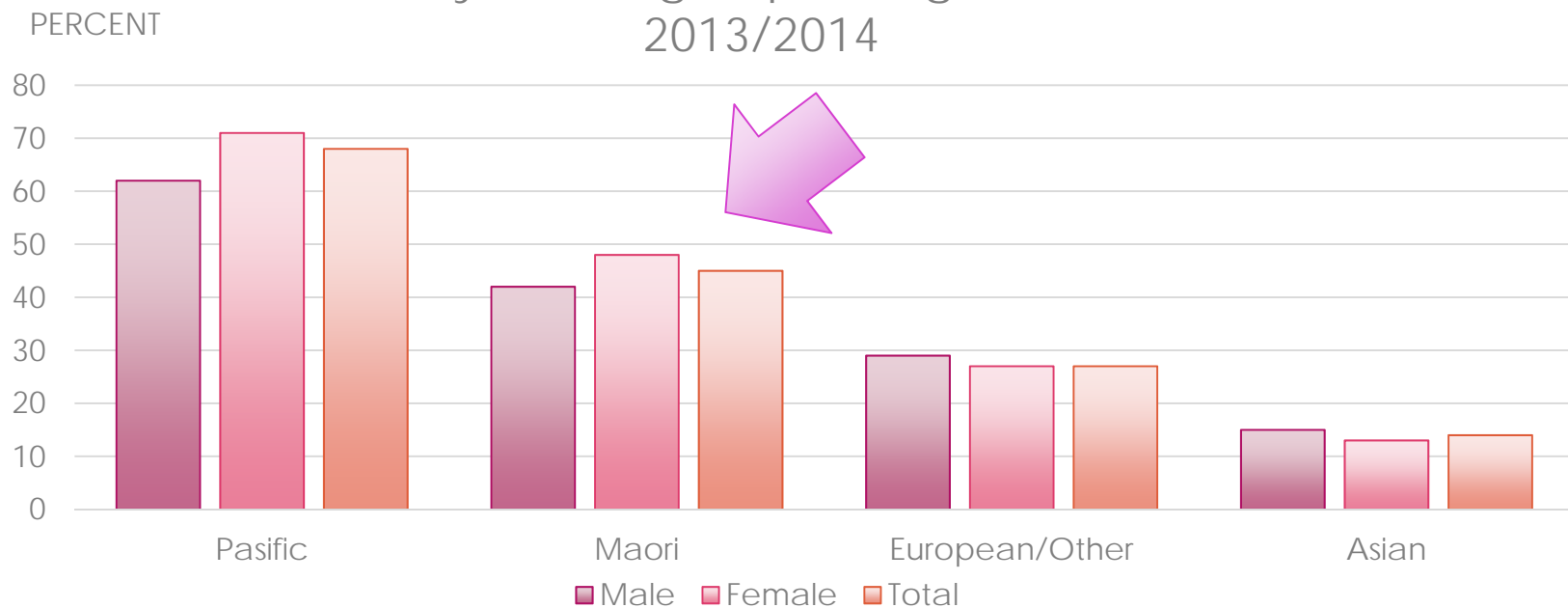


Source: Ministry of Health

Obesity

Proportion of population, who are 15 years or older, who are obese

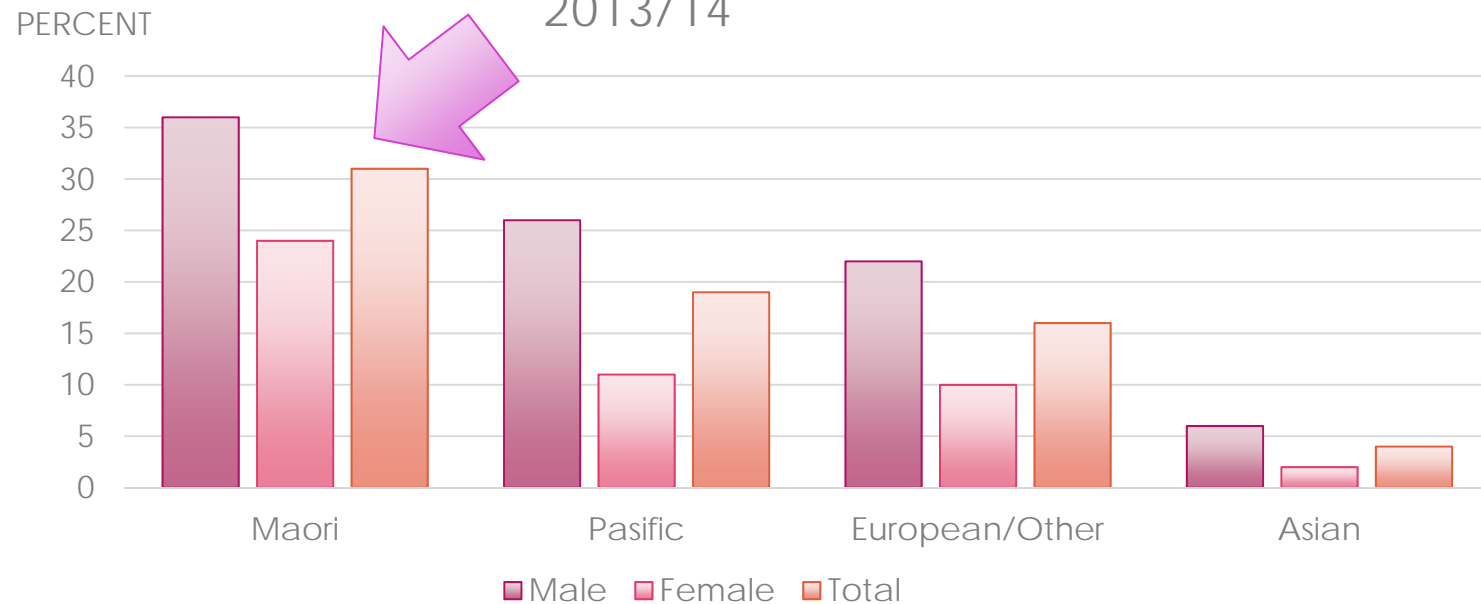
By ethnic group and gender
2013/2014



Source: Ministry of Health

Alcohol

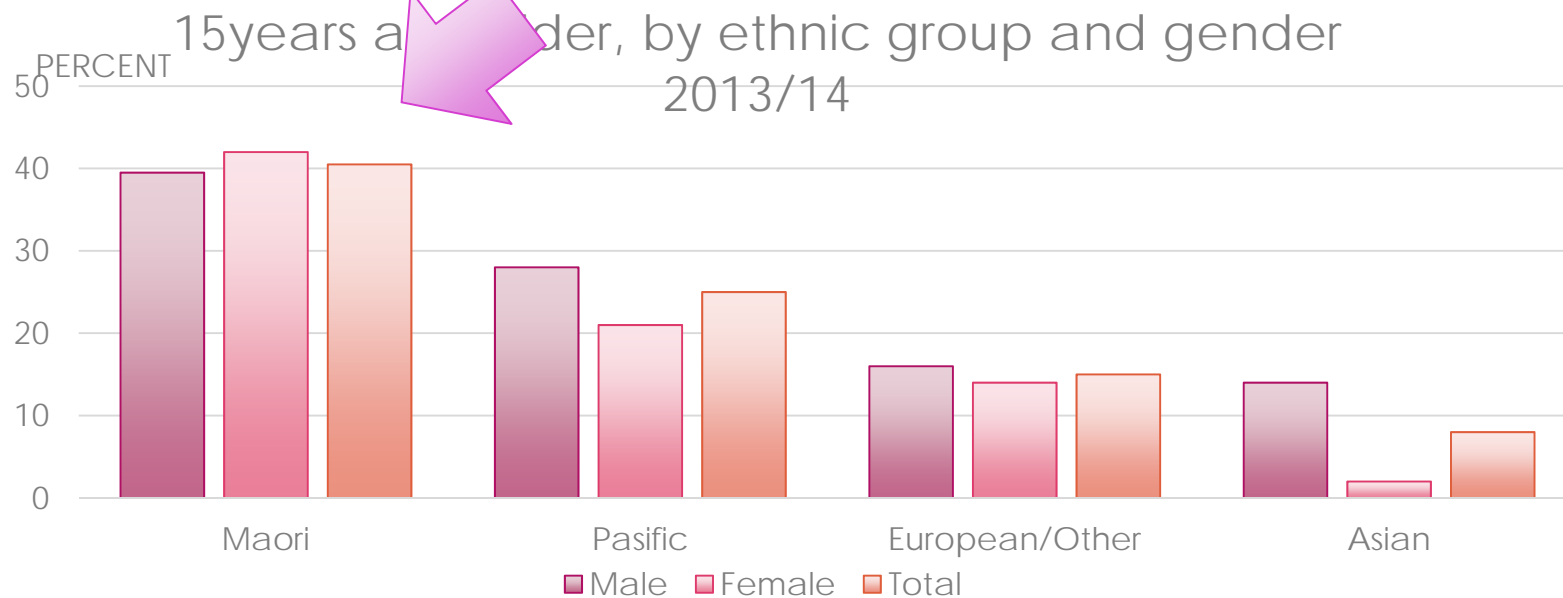
Potentially hazardous drinking, among all adults
aged 15 years and over
By ethnic group and gender
2013/14



Source: Ministry of Health

Tobacco

Proportion of the population who currently smoke tobacco

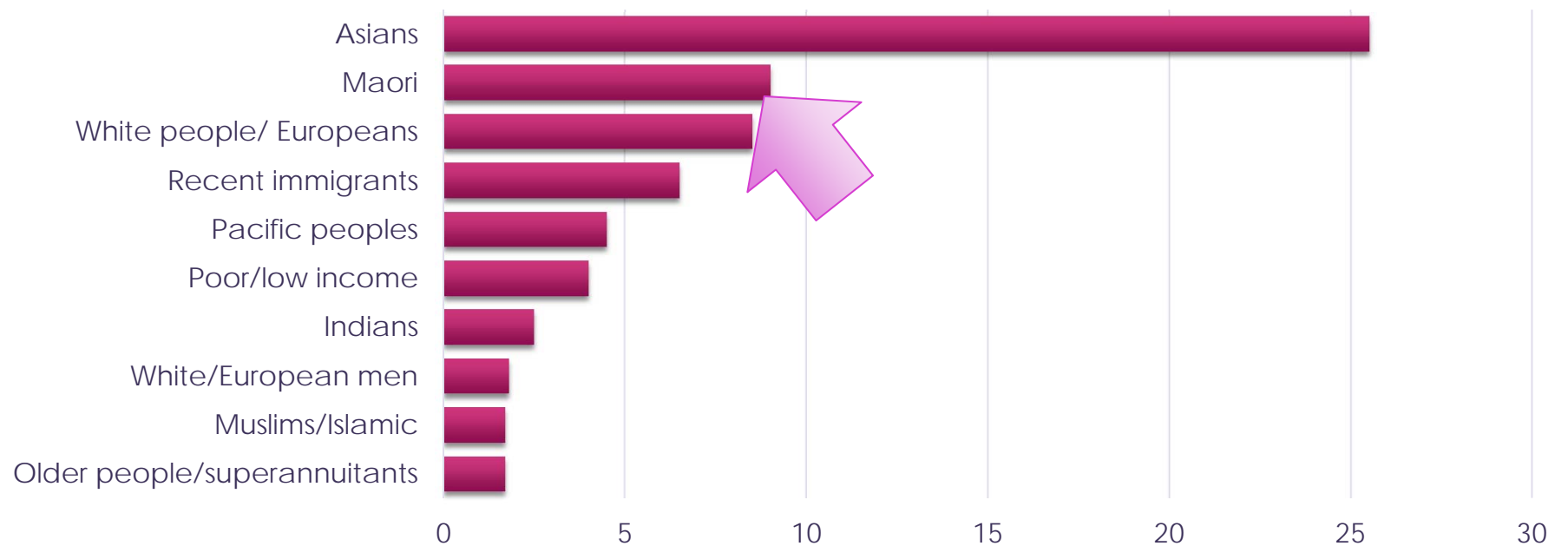


Source: Ministry of Health

Discrimination

Groups perceived as being most discriminated against in New Zealand

By top 10 unprompted first responses
2011



Source: Human Rights

Causes of Death

	Males	Females
Maori	<ul style="list-style-type: none"> Ischaemic heart disease Lung cancer Diabetes Suicide Motor vehicle traffic 	<ul style="list-style-type: none"> Ischaemic heart disease Lung cancer Chronic obstructive pulmonary disease Cerebrovascular disease Diabetes
Non-Maori	<ul style="list-style-type: none"> Ischaemic heart disease Suicide Lung cancer Cerebrovascular disease 	<ul style="list-style-type: none"> Ischaemic heart disease Breast cancer Cerebrovascular disease Lung cancer

Source: Ministry of Health

Ministry of Health Pathways for action

- ▶ The elements, directions, threads and pathways for action that make up He Korowai Oranga set the direction for how to achieve pae ora.
- ▶ These pathways are not mutually exclusive, but are intended to work as an integrated whole

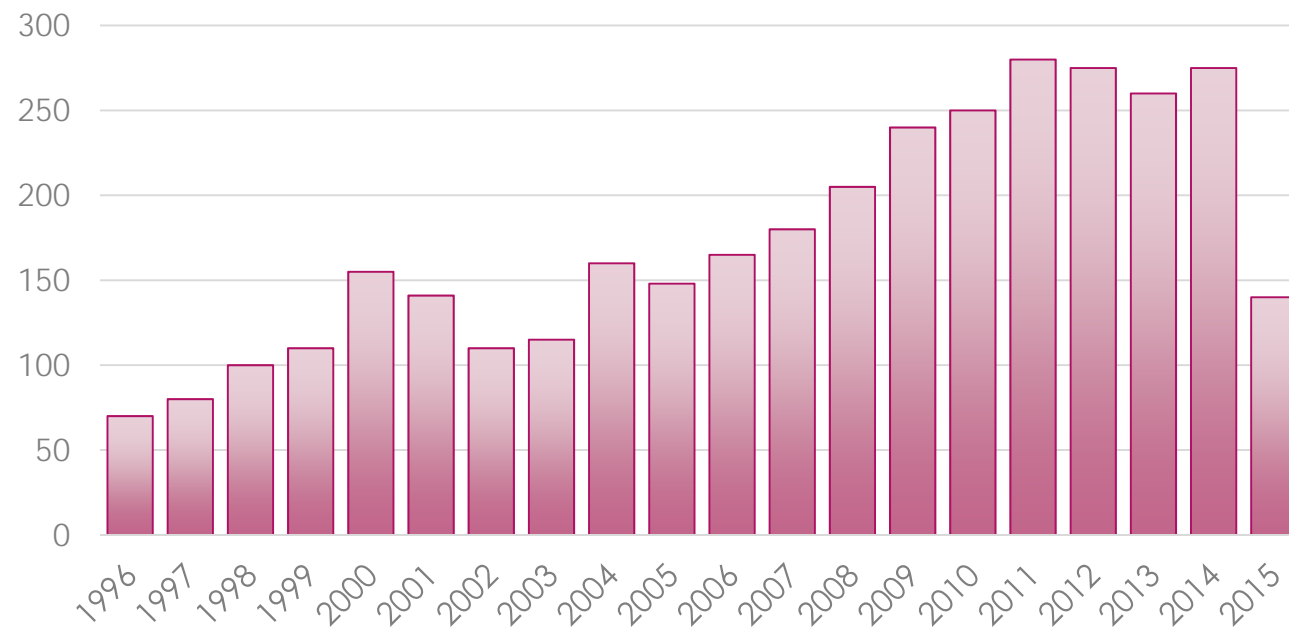




- ▶ **Te Ara Tuatahi (Pathway 1): Development of whanau, hapu, iwi and Maori communities**
 - ▶ This pathway acknowledges the need to foster conditions that build on the strengths and assets of whanau and encourage their health and wellbeing
- ▶ **Te Ara Tuarua (Pathway 2): Maori participation in the health and disability sector**
 - ▶ This pathway supports Maori participation at all levels of the health and disability sector
- ▶ **Te Ara Tuatoru (Pathway 3): Effective health and disability services**
 - ▶ This pathway acknowledges the need for timely, high-quality, effective and culturally appropriate health and disability services for Maori as consumers of health services
- ▶ **Te Ara Tuawha (Pathway 4): Working across sectors**
 - ▶ Everyone at all levels of the health system and wider social sector must work together to improve Maori health.

Growing the literature Web of Science (N=8,165)

Published items in each year



Maori & Psychology theses (N=89)

Date	
2010s	42
2000s	32
1990s	13
1980s	1

Thesis level	
Masters	52
Doctoral	37

Indigenous Psychologies - International


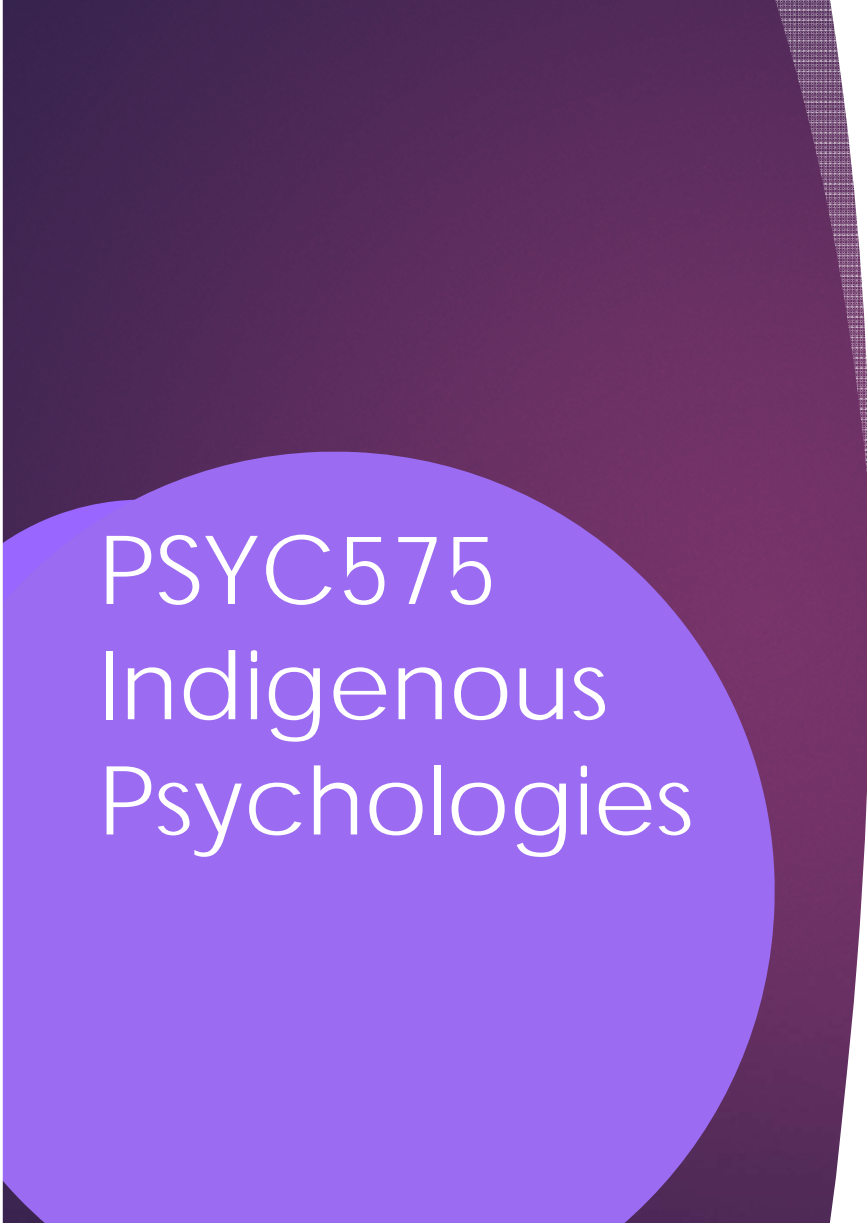
Number of records resulting from a search on “indigenous psycholog*” (no-exclusions)

Search term	Indigenous Psychology	Indigenous Psychologies	Indigenous Psycholog*
	n	n	n
WOS	85	66	153
EBSCO	94	46	147
ProQuest	74	58	118
Scopus	97	51	157

Indigenous Psychologies - International

Number of records in final dataset

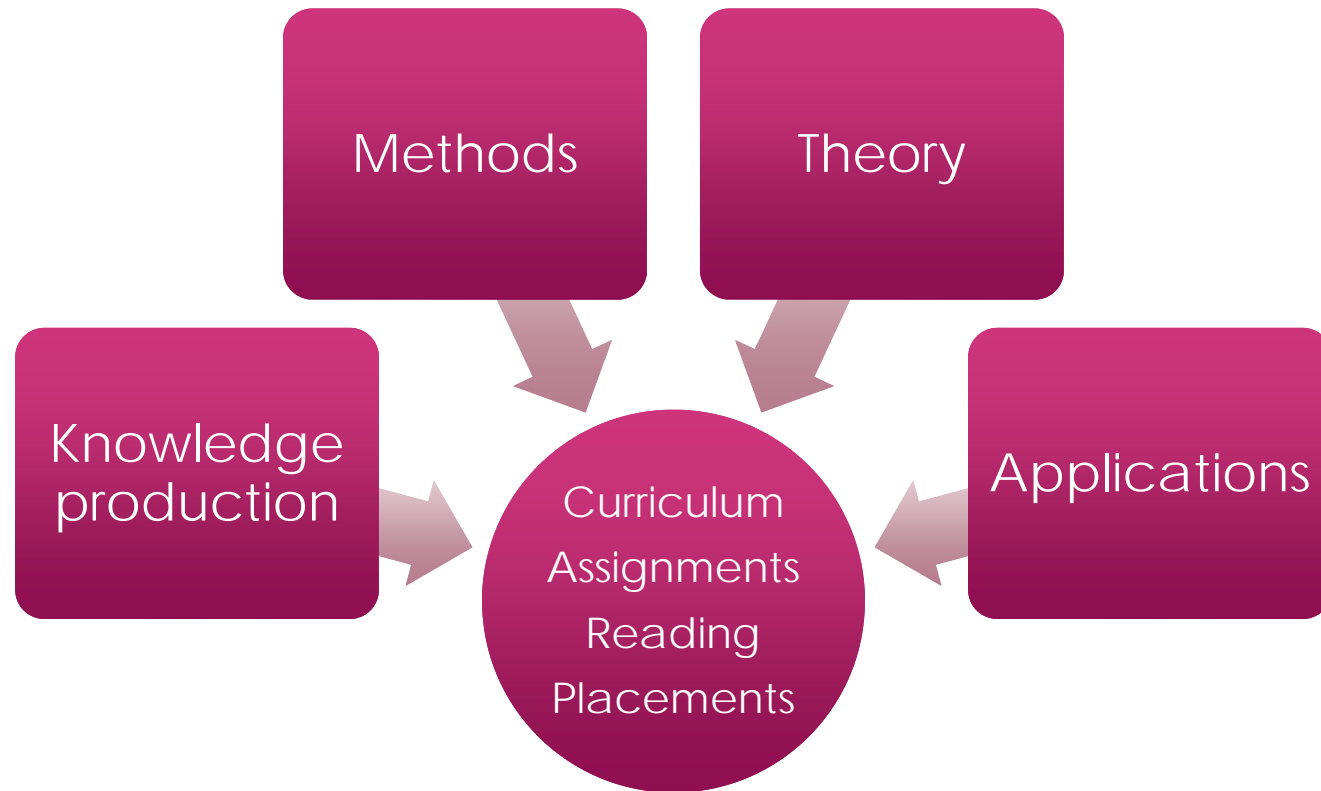
Type	n
Journal articles	132
Commentaries and replies	4
Editorials and Introductions to special issues	9
Book sections including articles published in conference proceedings	17
Handbook entries	8
Book review	11
Total records	181



PSYC575
Indigenous
Psychologies

WHAT DO STUDENTS
NEED TO KNOW?

Typical approach





Our approach to curriculum design

- ▶ Working principles
 - ▶ Remain uniquely Maori
 - ▶ Nurture and nourish the present generation
 - ▶ Create flourishing futures
- ▶ Maori values framework
 - ▶ Manaakitanga, Wairuatanga, Kotahitanga, Rangatiratanga, Whanaungatanga
- ▶ Knowledge, skills and competencies



Working principles

Working principles

Remain uniquely
Maori

Language, culture,
heritage,
relatedness,
belonging,
continuities

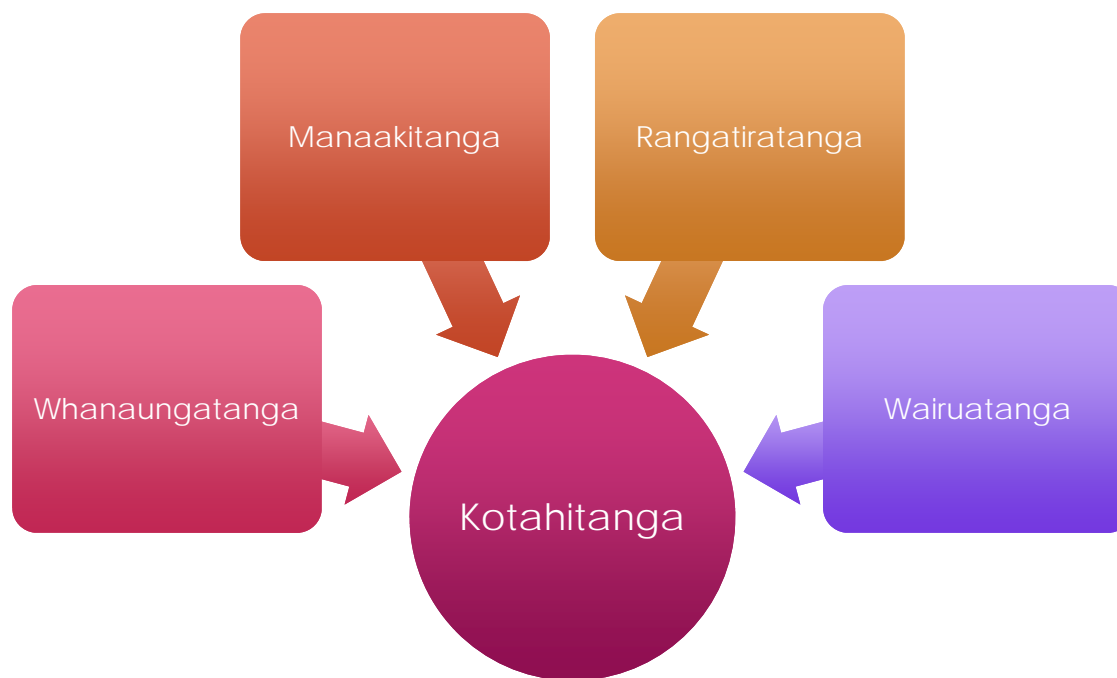
Nurture and nourish
the present
generation

Survival, basic needs,
nourishment,
flourishing, life course
development

Create flourishing
futures

Sustainability,
education, creating
synergies, cultural
use of technologies

Maori values framework



Rangatiratanga

- ▶ Leadership / followership
- ▶ Responsibility
- ▶ Strategy
- ▶ Theory
- ▶ Sovereignty
- ▶ Resistance
- ▶ Liberation



Manaakitanga

- ▶ Care
- ▶ Protection
- ▶ Reciprocity
- ▶ Obligation
- ▶ Cycles
- ▶ Partnerships
- ▶ Nourishment
- ▶ Basic needs, survival



Wairuatanga

- ▶ Spirit
- ▶ Spiritual knowing
- ▶ Spirituality
- ▶ Time, presence, history, futures
- ▶ Religion
- ▶ Communion
- ▶ Environment



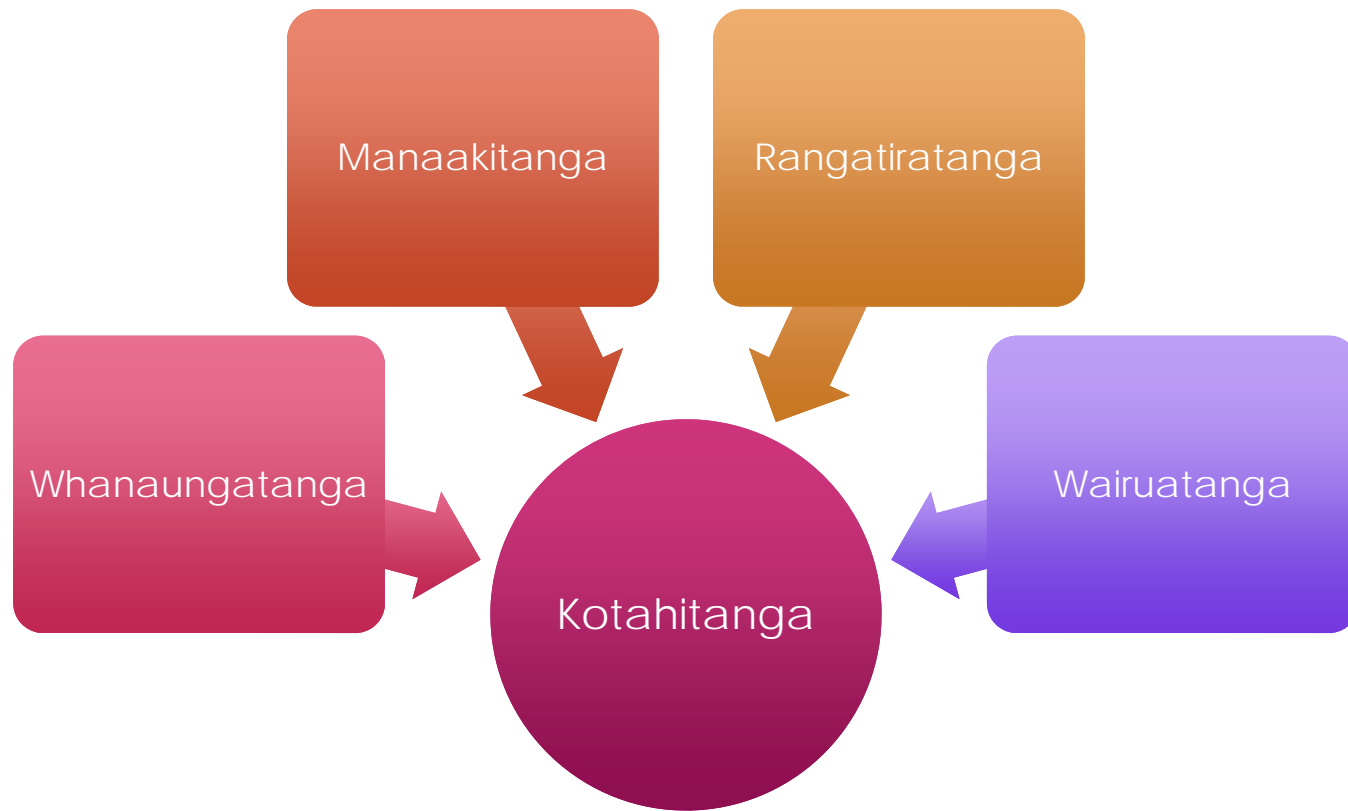
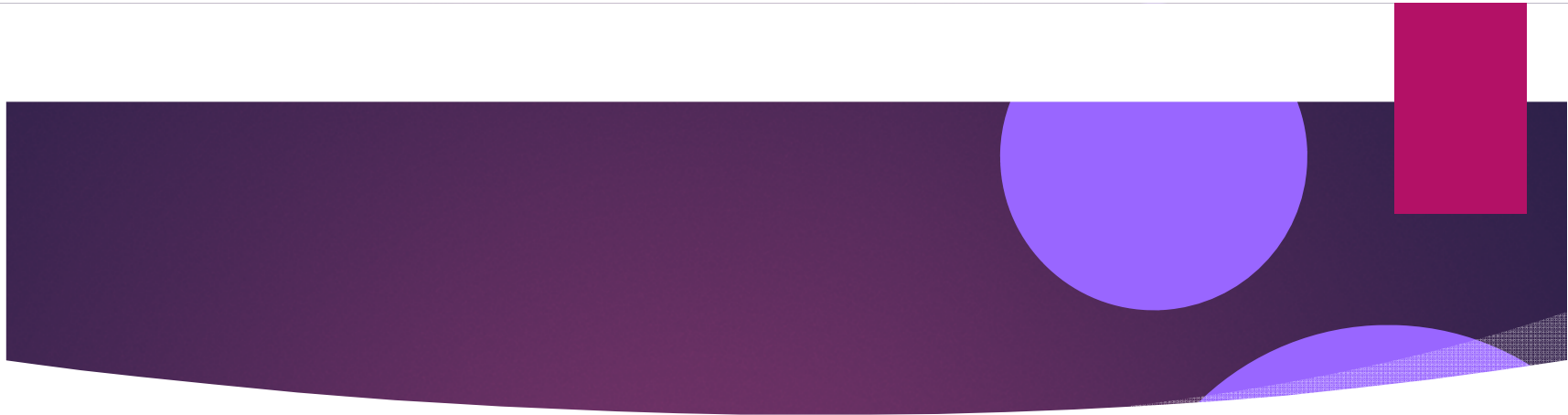
Whanaungatanga

- ▶ Connectedness
- ▶ Relatedness
- ▶ Belonging
- ▶ Role responsibilities
- ▶ Positionality

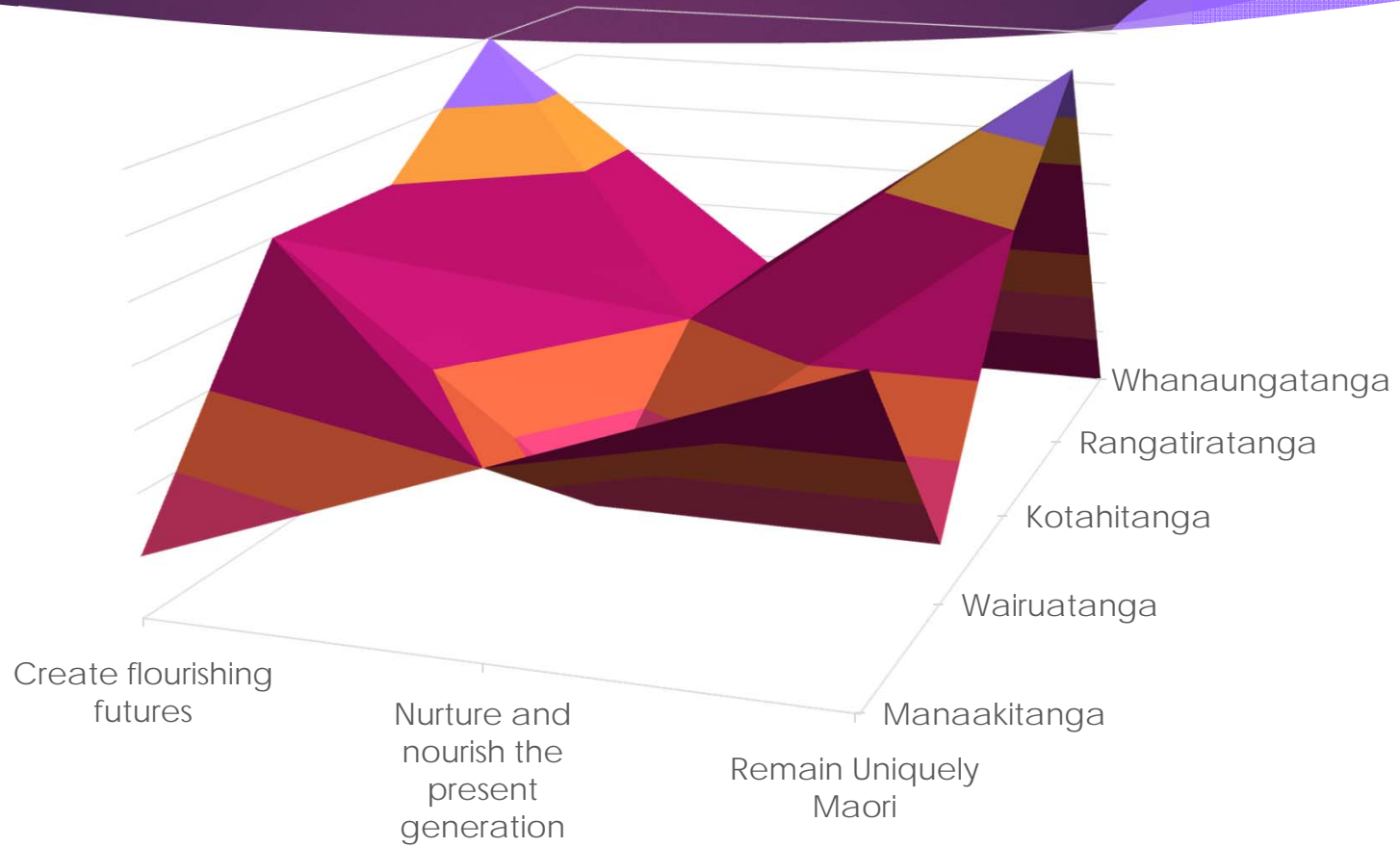


Kotahitanga

- ▶ Unity
- ▶ Oneness
- ▶ Togetherness
- ▶ Peace
- ▶ Balance



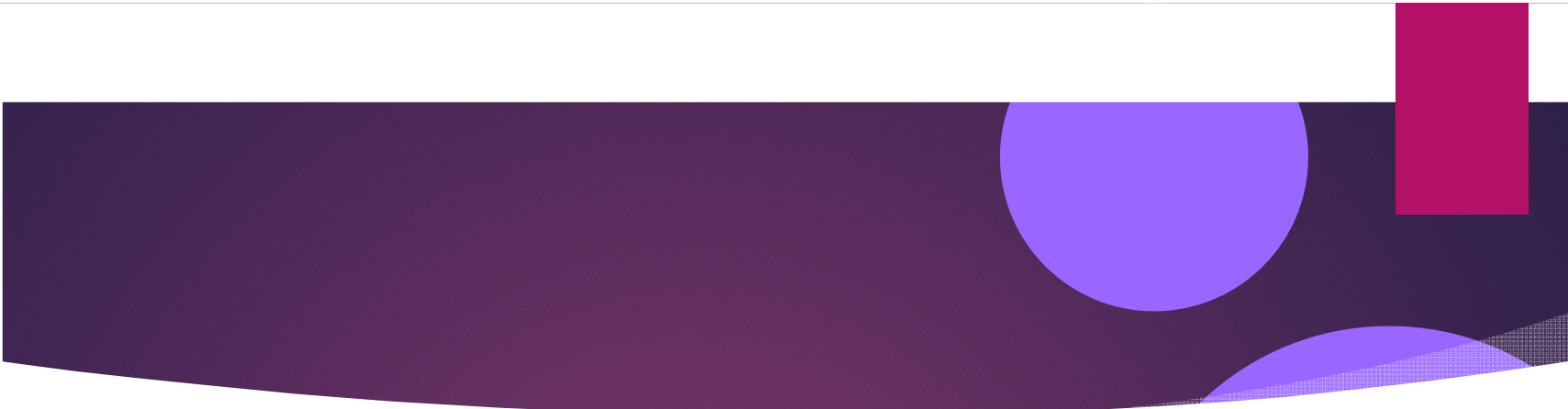
Incorporating principles, values and attributes





Knowledge,
skills and
competences



- 
- ◆ On successfully completing all aspects of this paper, students will:
 - ◆ understand the historical and socio-economic circumstances Indigenous peoples face
 - ◆ understand liberation practices, social justice, anti-colonialism, and Indigenism and how these concepts apply to helping practice, social interventions and policy analysis;
 - ◆ Have critical strategies to recover and support Indigenous values, practices, and structures in the learning, healing, and decolonization processes of individuals, families, communities, and nations;
 - ◆ Empower Indigenous identity through concepts like rangatiratanga, wairuatanga, manaakitanga, whanaungatanga and kotahitanga;
 - ◆ Support Indigenous scholars and practitioners to fully explore Indigenous helping practices, knowledges, and research.

The background features a dark purple gradient with several light purple circles of varying sizes. A small red rectangle is positioned in the top right corner.

Kia ora tatou